



The newsletter for the community of Orford and Gedgrave

Issue No. 378 September 2023

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The Council therefore holds no responsibility for its content except that submitted by and on behalf of the Council or Trust.

All copy must be received by midday on Thursday 21 September 2023, preferably by email to:

orfordtrust@outlook.com or put through the Town Hall letterbox

Priority for inclusion is given to articles that are about or directly affect the community of Orford and Gedgrave and inclusion is subject to editing and availability of space. Contributors should be aware that this newsletter is published on the website of Orford and Gedgrave Parish Council and the New Orford Town Trust (www.orfordparishandtrust.onesuffolk.net)

COPY DEADLINE FOR THE OCTOBER ISSUE OF VILLAGE VOICE IS MIDDAY ON THURSDAY 21 SEPTEMBER 2023

ORFORD AND GEDGRAVE PARISH COUNCIL VACANCIES

There are currently two vacancies for Councillors to represent Orford on the Parish Council. Being a Parish Councillor is a voluntary role and the vacancies will be filled by co-option at the next Parish Council meeting, to be held on Wednesday 13 September 2023.

Anyone wishing to be considered for this vacancy should write a letter to the Clerk to arrive before noon on Tuesday 12 September 2023. Applicants must be 18 years of age or over and have had their main residence or place of work in Orford, or within 3 miles of Orford, for the past 12 months. The Parish Council as a body also acts as the Trustee for the New Orford Town Trust.

If you wish to discuss details of the role of a Parish Councillor, please call me at the office on 459172.

Marie Backhouse, Clerk to Orford and Gedgrave Parish Council, orfordtownhall@outlook.com

September dates for your diary

- Each Monday: badminton - Orford Town Hall - to restart in September
- Each Monday (except bank holidays): Coffee and Chat - Orford Sports and Recreation Club, 1-3pm
- Each Wednesday: chair pilates - Orford Sports and Recreation Club, 11am-12noon
- Each Monday and Wednesday: Methodist Chapel tea room, lunch, 11am-4pm
- Each Wednesday: badminton - Orford Town Hall, 7pm
- Each Saturday: Orford Country Market - Orford Town Hall, 9.30am-1pm
- Friday 1 September: Suffolk Epilepsy Support Group fundraising event - Orford Methodist Church, 10.30am-4pm
- Saturday 9 September: Ride and Stride event - see St Bartholomew's entry for more details
- Thursday 14 September: Gardening Club - Orford Town Hall, 7.30pm
- Thursday 21 September: Orford Museum Talk - Butley Priory, 5.30pm for 6pm (see Orford Museum entry for more details)
- Sunday 24 September: St Bartholomew's Church Harvest supper - c7.15pm, after evensong

SUDBOURNE HALL CRICKET

As I write, summer has reappeared! What summer? I hear you ask. Some weather-related challenges through July and early August for all cricket. Thanks to the hard work of groundsman Rob Jenkin and excellent drainage at the Sudbourne Hall ground, no home games were lost, but Saturday league games were abandoned away at Yoxford and Tendring. As I write, the team sits in eighth position in Division 7 of the Two Counties league.

Very pleased that women-only cricket sessions have commenced on fortnightly Wednesday evenings. Miranda Cook has been supervising and coaching - we've had a great response so far with the offer of a glass of Pimms at the end of the session proving popular! At the younger end, the Peter Clift Academy continues to prove popular on fortnightly Saturday mornings with good attendance on the Allstars and Dynamo programmes for five- to eleven-year-olds. Both the women's cricket sessions and the reintroduction of youth cricket are big steps forward as the club strive to get more involved in the village community.

The annual club cricket dinner will be held at Orford Town Hall on Friday 13 October. All friends, supporters, players, families are welcome. Tickets are £25 per head, please contact nick.joel@icloud.com if you'd like to attend.

September fixtures:

- Saturday 2 September v IPSCOL (away), 12.30pm start
- Saturday 9 September v Brightlingsea (home), 12.30pm start

Andy Halliday

THOMAS MARSHALL EDUCATION FUND

CAR BOOT SALE – SUNDAY 23 JULY

Unfortunately, we had to make the decision to cancel this event ahead of time as the weather forecast looked too unsettled with heavy rain and high winds. As it turned out, that Sunday didn't have the torrential rain expected but the Recreation Ground was very soggy and having cars on it would not have been a good idea. Good old British summer weather! We are really disappointed that we were not able to hold this car boot sale and raise the much-needed funds to help with the education of the young people in Mozambique. Thank you to everyone who expressed an interest in having a pitch and a bigger thank you to those who generously donated their pitch fees.

As the summer progresses we have planned two Thomas Marshall Education Fund-raising events for the Autumn and Winter so we can help support the education of children in Mozambique.

'Fumble in the Jumble' Saturday 7 October 10am–3pm in St Bartholomew's Church.

Everybody likes a good old jumble sale to rummage around in! Come along on the day to pick up some bargains and other stuff that you really didn't know that you wanted or needed! We will also be serving tea, coffee and delicious cakes – goes without saying!

If you have any unwanted but good quality household goods, items, toys or games etc, that we can sell to raise funds to help those children, please let us know or bring them to the church on the Friday in the afternoon between 3pm and 6pm. Use this as a good excuse to declutter!

And also in October we kick off our series of monthly Talks for Thomas for the winter months. At the time of writing (16 August) we are finalising our speaker line-up and as soon as we can confirm dates and speakers we will publicise them. These Talks For Thomas will be held in Bart's Hall, Broad Street, Orford. The evening commences at 6.30pm with wine and nibbles and the talks begin at 7pm. The evening will finish at 8pm. Tickets are £10 a head. The exact dates and speakers has to be finalised but if you're interested please contact Wendy Marshall on 01394 450090

STOP PRESS

The first talk 'My Wicked, Wacky World of Music' will be given by Graeme Kay on Saturday 21 October

Wendy Marshall and all TMEF Trustees

SEPTEMBER AT ST BARTHOLOMEW'S CHURCH

All are warmly welcomed to join us at St Bartholomew's, Orford and our neighbouring churches for services in September:

Sunday 3 September

Sung Holy Communion at 9.30am, Rev Giles Tulk

Sunday 10 September

Holy Communion at 11am, Rev Robin Alderson

Sunday 17 September

Holy Communion at 9.30am, Rev Giles Tulk

Sunday 24 September

Choral Evensong Harvest Festival with full choir at 6pm. Rev Giles Tulk. This service is followed by Harvest Supper in the church to which all are welcome.

Sunday 1 October

Sung Holy Communion at 9.30am, Rev Giles Tulk

A CHURCH NEAR YOU WEBSITE www.achurchnearyou.com provides details of all church services and events in the local area. For further information contact the Team Rector: Rev Giles Tulk 01394 450610 revgileswtr@gmail.com

Events in Church:

- Saturday 9 September, Ride and Stride event. This annual event is organised by Suffolk Historic Churches Trust. Either walk or cycle to as many local churches as you can and ask family and friends to sponsor you. Money raised is shared between Suffolk Historic Churches Trust and your nominated church. Sponsorship forms and further information available in church.
- Saturday 16 and Sunday 17 September, English Choral experience two-day workshop. Visitors to the church over the weekend may hear some beautiful singing. Paul Spicer's workshop for upper voices has become a regular September fixture. There will not be a concert but you are welcome to wander in and enjoy some beautiful choral music.
- Sunday 24 September, Annual Harvest Supper. All are welcome. Starts approx. 7.15pm, after evensong.

Revd Giles Tulk

SEPTEMBER AT ORFORD METHODIST CHURCH

Sunday 3 September 10.30am Stephen Caley

Sunday 10 September 10.30am Service arranged locally

Sunday 17 September 10.30am Rev. Saul Tadzaushe – Holy Communion

Sunday 24 September 10.30am Stephen Caley

Harvest Thanksgiving Service and lunch will be held on Sunday 1 October at 10.30am. You are welcome to join with us. Children and young people usually stay in church for the whole of the service. Refreshments are served afterwards.

CHAPEL TEA ROOM is open every Monday and Wednesday from 11am – 4pm serving coffee, lunch and afternoon tea. This hugely popular eating place welcomes visitors and local friends.

The Suffolk Epilepsy Support Group are holding a fundraising event on Friday 1 September from 10.30am – 4pm at the Chapel. Coffee, tea and food available all day with a raffle and stall. Your support will be welcome.

34th annual Quay Service on Sunday 6 August – the collection for the RNLI amounted to £374.25. Many thanks for all who supported the service and assisted in anyway.

Our young people have been busy raising money for JMA (Junior Missions for All) throughout the school holidays. Their stalls outside chapel on Tea Room days have done a roaring trade with bargains galore – the stalls are still active as Village Voice goes to print!

Stephen Caley

ORFORD AND DISTRICT GARDENING CLUB

Our next event:

Thursday 14 September, 7.30pm Orford Town Hall

Penny Robertson of Suffolk Coastal Beekeeping Association – 'Helping Bees'

It has taken us some time to secure Penny as a very experienced and knowledgeable person to talk to us about bees of all types and how we can help them. She will talk about bees in general, not just honey bees and the kind of things people can do in their gardens to provide food and nesting sites for a wide variety of species.

Thursday 5 October: evening, Lou Nicholls of Godinton Garden in Kent – 'The Winter Garden'

A look at the plants you really want to include to make a garden a marvellous place to be even on the greyest day!

18 November: Saturday afternoon and includes afternoon tea. Xa Tollemache of Helmingham Hall – 'A garden well placed: A designer's harmony between house and garden.'

I'm sure we've all been to Helmingham Hall and seen the wonderful garden at some time but not many of us have met her in person. Now is your chance to see her and learn from her extensive experience in garden design which includes winning a Gold Medal at the Chelsea Flower Show! Xa has been designing gardens since 1996 and has worked in London as well as the United States, Europe and Scandinavia. Although many of her projects are traditional in theme, each has its own character, designed to fit in with the surrounding landscape and architecture. Her projects range from small courtyard gardens to large estates and include the Millennium Garden at Castle Hill in Devon, new borders at Dunbeath Castle in Scotland and the Cloister Garden at Wilton House near Salisbury. Xa has, of course extensively redesigned her own garden at Helmingham Hall over 25 years.

This is an OPEN EVENT. Tickets are on sale at our September meeting for members and October for non-members. DO BOOK EARLY AND BRING YOUR FRIENDS AND FAMILY FROM FAR AND WIDE!

New members are welcome all the year round so do contact me and come along...

Polly Sharkey (Chair), creativefutures98@btinternet.com 01394 450959

ORFORD MUSEUM EVENTS

Exciting new exhibition in Orford Museum and our Autumn History Talks

We are delighted to announce that we have been offered the opportunity to exhibit the Barrow Collection of Celtic ironwork in our some of our cases in Orford Castle. These beautiful objects have been loaned by a local private collector and we

are grateful for his generosity. The exhibition will be available to visitors to Orford Castle from August Bank Holiday and will stay there for the following three months. Entry to the Museum is free though English Heritage entrance prices apply to the Castle. For information on these and on Castle opening times, please visit www.english-heritage.org.uk/visit/places/orford-castle/prices-and-opening-times/. Friends of Orford Museum have free entry to the Castle. If you would like to join the Friends, please email info@orfordmuseum.org.uk

Dr. Noël Adams, who has written a wonderful book about this collection entitled *The Celtic Spirit*, will give an associated talk at Butley Priory on Thursday 21 September 2023. The talk will start at 6pm and tickets cost £15 for Friends of Orford Museum and £18 for non-members. This includes a complimentary glass of wine which will be available from 5.30pm. The talk will start at 6pm.

For our second talk for Autumn 2023, we are very pleased to welcome back Professor Mark Bailey who gave one of the most popular talks at our History Festival in March on the effects of the Black Death on this area in the fourteenth century. He is returning to Butley Priory on Thursday 5 October 2023 to talk about the evolution of the Suffolk coast and its ports during the period 1200 to 1600. Tickets for this cost £15 for Friends and £18 for non-Friends and include a complimentary glass of wine which will be available from 5.30pm. The talk will start at 6pm.

On Friday 24 November, Chanter's Jigge are coming to Butley Priory to present a programme of carols, tunes and festive readings from across the centuries sung and played with traditional and modern instruments. Tickets cost £15 for Friends and £18 for non-Friends. This includes a glass of mulled wine during the interval.

You can find all this information and details of how to book tickets on our website at www.orfordmuseum.org.uk together with anything else you might want to know about Orford Museum including our history, publications, information about how to join the Friends and advance information about events we are planning for Winter 2023 and Spring 2024.

Elizabeth Spinney, Orford Museum

AUTUMN BALL – 28 OCTOBER

As previously announced, the Orford & Gedgrave Village Events Committee are holding an Autumn Ball on Saturday 28 October at Orford Town Hall. Tickets are £65 each and include a fabulous three course meal, half a bottle of wine and live music from Jess & the Honeymooners.

The menu has been put together by Michelle at The Mixing Bowl and caters for most dietary requirements (but if you have other requirements, we can try to accommodate these).

Starters: Smoked Duck with Blackberry Compote or Triple Cheese & Tarragon Stuffed Mushroom. Mains: Local Venison Bangers and Mash or Fish Pie or Spiced Roast Cauliflower with Herb Rice – all served with a selection of seasonal vegetables. Desserts: Local Apple Crumble with homemade custard or Vanilla Panna Cotta with Spiced Fruits or Suffolk Cheeseboard with Biscuits.

Why not dress to impress and come down and have a great night out. Tickets are available from The King's Head, Orford, phone: 01394 450271 or email thekingsheadorford@gmail.com. You can book as individuals or book a table of 8 or 10.

Doors open at 19.00 with dinner at 19.30. Dress to impress, enjoy the evening and book your transport home for 23.45.

We really hope you can join us for a good night out.

The Village Events Committee

NEW ART CLASSES AT BLUEBIRD POTTERY SHED, AT SUDBOURNE PARK ESTATE

Starting in October Marjoke Henrichs, artist and Illustrator, will be running flexible art classes with support and guidance offering a friendly relaxed approach to develop and explore the use of drawing, painting and mixed media materials, line and collage. A new creative art project will be on offer when starting the classes. Some materials are included, but welcome to bring your own. No experience needed. Sessions run every Monday 10am–1pm and 2pm–5pm starting on 2 October. Cost: £35 per session. Please book for a min of four sessions to be able to develop and finish a project. Should you be interested please contact Marjoke for more information and booking. marjoke.henrichs@btinternet.com / 07714 644584

Marjoke Henrichs



Orford & Gedgrave

Autumn Ball

Saturday 28th October 2023

£65 per person
Three Course Meal
Half a Bottle of Wine
Live Music from The Honeymooners.

Tickets available in advance from The King's Head, Orford
Phone: 01394 450271 or email: thekingsheadorford@gmail.com



SEPTEMBER UPDATE FROM THE PENINSULA PRACTICE

DAY	ALDERTON	ORFORD	ALDEBURGH
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30
Wednesday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30
Thursday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30
Friday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30

Thursday 7 September from 13.00: staff training. Alderton surgery will be open for booking future appointments. Aldeburgh and Orford surgeries will be closed. All calls will be redirected to 111 for this afternoon.

Flu vaccine clinics 2023

Our upcoming flu vaccine clinics:

- Wednesday 20 September 2023 – Aldeburgh Old Generator Station
- Tuesday 26 September 2023 – Orford Surgery
- Thursday 5 October 2023 – Hollesley Village Hall

Eligible groups

Everyone 65 years and over • those in clinical risk groups • pregnant women • all children aged 2 or 3 years and primary school aged children • residents in care and nursing homes • carers in receipt of carer's allowance, or the main carer of an elderly or disabled person • close contacts of immunocompromised individuals • frontline workers in a social care setting

We have sent out texts with links to online booking for your flu vaccine appointments – please ensure we have the up-to-date contact details for you as this is the quickest way to book your appointment. If you have registered a preference for another form of contact, we will have sent you a letter or email invite.

If you believe you are eligible for a flu vaccine and have not heard from us, please call the surgery after 11am. We are organising flu clinics directly with care and nursing homes.

If you are registered as housebound, we are contacting you directly to organise your vaccine. If you believe yourself to be medically housebound and are unsure if we have you registered as such, please call the surgery after 11am.

At this point of publication, we are hoping to deliver the Covid vaccinations at the same time as our flu vaccine, however, this is dependent on national protocol and vaccine delivery.

Our staff are working hard to ensure that everyone who is eligible and wants their vaccine will receive it as soon as possible.

www.thepeninsulapractice.co.uk or **01394 411641**
<https://www.facebook.com/ThePeninsulaPracticeGPSurgery/>



We can help with any of the following:

- Friendship and companionship
- Collection of medication
- Shopping
- Dog walking / feeding pets
- Form filling and help with technology
- One-off garden tidy
- Minor household repairs
- A healthy meal
- Transport to hospital and GP appointments
- Provision of a personal care alarm and key safe
- A Community Larder located in the entrance to the King's Head car park
- Weekly trip to Woodbridge (£2 charge)
- Support for anyone who is impacted by a scam
- Monday Coffee & Chat
- Other activities as requested and agreed

Thank you to the following local organisations who support us: The King's Head; Orford & District Surgery CIO; Orford General Stores; Orford Sports & Recreation Club; New Orford Town Trust; Pump Street Bakery; St Bartholomew's Church

TOP QUALITY BRIC A BRAC

**SATURDAY
7TH OCTOBER 2023
St Bartholomew's Church
Orford**

10.00am to 3.00pm



All proceeds to Thomas Marshall Education Fund
 Registered Charity No. 1154635