



The newsletter for the community of Orford and Gedgrave

Issue No. 354 September 2021

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All copy must be received by the midday on Thursday 23 September 2021, preferably by email to:

orfordtrust@btconnect.com or put through the Town Hall letterbox

Priority for inclusion is given to articles that are about or directly affect the community of Orford and Gedgrave and inclusion is subject to editing and availability of space. Contributors should be aware that this newsletter is published on the website of Orford and Gedgrave Parish Council and the New Orford Town Trust (www.orfordparishandtrust.onesuffolk.net)

COPY DEADLINE FOR THE OCTOBER ISSUE OF VILLAGE VOICE IS MIDDAY ON THURSDAY 23 SEPTEMBER

SEPTEMBER AT ST BARTHOLOMEW'S

You are very welcome to join us for the following services:

- First to third Sundays 9am, Holy Communion Service (Second Sunday BCP)
- Fourth Sunday 11am Family Service
- Wednesdays 6pm, Evening Prayer BCP

Please note that Zoom Services for both Sunday Holy Communion and Wednesday Evening Prayer will be suspended over the summer months. A Church Near You Website www.achurchnearyou.com provides details of all church services and events in the local area.

Please note as Covid restrictions have been eased congregational singing is allowed in church. Mask wearing at regular services is optional but encouraged and we remain mindful of respecting social distancing.

For further information contact the Team Rector Rev Giles Tulk 01394 450610 revgileswtr@gmail.com

BOOK STALL Visitors to the church will have noticed that there are now second-hand books for sale. They are not priced – any donation is gratefully received and will contribute towards maintaining the fabric of the church. If you have any unwanted books, they can be left in the bags provided. Children's books are particularly welcome.

RIDE AND STRIDE EVENT, Saturday 11 September

Calling all cyclists and walkers! This is the 40th anniversary of the sponsored bike ride around Suffolk's churches. It is organised by the Suffolk Historic Churches Trust and they share sponsorship money with the participant's chosen church. This year E-bikes are allowed too. Sponsorship forms and further information are available in the church.

Team Rector Rev Giles Tulk

SCHUBERT CONCERT AT ST BARTHOLOMEW'S

Cellist Yalda Davis will be performing Schubert's C major String Quintet in St Bartholomew's Church, Orford, at 4pm on Saturday 4 September. Ticket sales are going well on her website, and you can also reserve tickets (for £10, £15 or £20, collectible on the door) by phoning Jacki Maslin on 01394 450799.

It will be Yalda's final concert in a series which has seen her perform in all 500 of Suffolk's medieval churches, raising funds via Justgiving for the Suffolk Historic Churches Trust, the Churches

September dates for your diary

Each Monday (except Bank Holidays): Coffee and Chat - Orford Sports and Recreation Club, 1pm-3pm

Each Saturday: Orford Country Market - Orford Town Hall, 9.30am-1pm

- Saturday 4 September: Concert at St Bartholomew's Church, 4pm

Conservation Trust and the Suffolk Wildlife Trust. Proceeds from the final concert will be shared directly with St Bartholomew's.

Jacki Maslin

ORFORD TENNIS TOURNAMENTS 2021

It was raining on the morning of the Ladies Doubles tournament which took place on Tuesday 17 August, but luckily it dried up for the afternoon and we had an enjoyable afternoon's tennis. The winners were Lisa Burnand and Kate O'Connell.

There were five couples playing in the Mixed Doubles Tournament on the following afternoon, 18 August, and it was warm and sunny. Everyone played with the usual humour and enthusiasm which makes it a fun event and the winners were Lisa and Geoff Burnand. Lisa has never played in these tournaments before, so it is great to see her name on two cups for 2021.

Thanks to all the players for taking part.

Diana Grayburn

ORFORD NESS COMMUNITY DAY 2021

After remaining closed in 2020 due to the challenges of the pandemic, Orford Ness reopened at Easter and it's been a constant sell out ever since! As a thank you for the continued support of the local community, we are delighted to open for a Community Day on Sunday 3 October. Boats will run outbound every 20 minutes from 10:00 to 12:00 on a day exclusively for residents of Orford and Gedgrave. The day will also include access to *Afterness* – our art installation partnership with leading art producers Artangel. Tickets are limited and must be booked in advance by emailing orfordness@nationaltrust.org.uk stating your preferred ferry time. While we will do our best to allocate your preferred time, we may need to allocate the nearest available ferry if your first choice is full. Tickets are free to residents of Orford and Gedgrave and are available on a first come, first served basis. Sadly we are unable to accommodate dogs on Orford Ness (except assistance dogs).

Glen Pearce, National Trust Property Operations Manager, Orford Ness

ORFORD AND DISTRICT GARDENING CLUB

I hope you are all getting out and about and gaining inspiration from the gardens and countryside around us in every possible way.

Herber and Co Workshop – Thursday September

Sarah Frances who spoke to us earlier in the year will be leading a walk and workshop at White House Farm, Great Glemham. We will go for a walk with her whilst she tells us about the native plants there and then return to make some delicious cordials, infusions and vinegars under her direction. We will be taking a picnic to have for lunch and Jason Gathorne Hardy will open up his Summer Exhibition for us to wander around.

The cost will be £20 per person. This will only be open to members as numbers are limited but you can join the Gardening Club at half price (£7.50) for this event and the rest of the year. *Winter Container Planting – Thursday 7 October, Orford Town Hall 7.30pm*

Matt Tanton-Brown of The Place for Plants will be demonstrating how to plant up exciting containers for the Winter including a bulb lasagne!

We are hoping he may also bring some plants for us to buy. *Fergus Garrett of Great Dixter – Saturday 13 November in the afternoon*

We are very excited to have secured Fergus to talk to us in the Town Hall on the above afternoon. This will be followed by afternoon tea and cakes. We have yet to finalise the topic so watch this space! Tickets will be on sale in the autumn and discounted for our members of course.

Our *December event* is a short AGM with mulled wine and drinks followed by our famous Christmas Social.

Attending our events...

As our aim is to spread the word and knowledge about plants and gardening widely, we always welcome new members. Our fee is £15 per calendar year with additional charges for workshops and visits. Guests can attend our talks in the Town Hall at a cost of £4 – just come along.

Do contact me...

Polly Sharkey (Chair) *creativefutures98@btinternet.com, 01394 450959*

ORFORD RUNNERS

Come and join us! A group of relatively friendly people who catch up on a weekly basis with the week's TV and various allotment-related incidents whilst attempting to run.

Meet outside Orford Town Hall on Wednesdays at 6.30pm unless too wet, too cold or too hot. We'd love to see you there...

Any queries – please contact Hannah on 07375 023361

Hannah Purkis

SEPTEMBER AT THE KING'S HEAD

As we continue the return to some sort of normality, we at The King's Head look forward to welcoming you back.

Our opening hours are as follows:

	Bar	Food
Monday to Thursday	12 to 3 5.30 to 10	12 to 2.30 6 to 8.30
Friday & Saturday	12 to 11	12 to 2.30 6 to 8.30
Sunday	12 to 10	12 to 5

Following the success of *Is This It?* we are delighted to announce that we have another outdoor performance. On Thursday 9 September Will Jackson will be performing *Yours Sincerely*. Based on real-life correspondences, storytelling and lip sync cabaret collide in this queer coming-of-age comedy about the complications of twenty-first-century communication.

Will is a successful and award-winning theatre maker and comedian, with great reviews from performing at the Edinburgh Fringe. Entry is free by pre-attained tickets and the performance starts at 6.30pm with gates opening at 5.45pm. It will take place on the grassed area of the car park and you will need to bring something to sit upon. Spaces are limited and will be allocated on a first come first served basis. If you would like to attend email thekingsheadorford@gmail.com or call in to the pub for a booking form.

Thank you to everyone who supported the take-away food we did during lockdown. Whilst we are in the busy summer period we have ceased offering the special menu, but our standard menu is still available for take away. We are hoping to recommence the special menu again in October.

Look forward to seeing you soon.

Ian, Suzanne and the Team

OLD FOREMANS BUS

The Ipswich Transport Museum is in the process of restoring its 1932 Bedford WLB which was used by Foremans of Orford in/around the 1950s. After use by Foremans it was due to be made into a mobile tea bar called the Pink Elephant but luckily was saved by the museum in 1966.

As the mechanical and bodywork restoration enters its final stages, we are now looking for information on the vehicle whilst it was used around the village, one of the things we are missing is the colour it ran in. Photos especially would be welcomed to tell its story as a lifeline to villagers back in the day.

If any readers have any memories of Foremans and especially the bus we have here, please contact the Museum on 01473 715666 or email enquiries@ipswichtransportmuseum.co.uk

Of course, if you would like to see the old Orford bus along with over 80 other vehicles, we are open 11am-4pm Sundays and Bank Holidays until October, and 1pm-4pm Monday to Friday during the school summer holidays at the Old Trolleybus Depot, Cobham Road Ipswich.

Ipswich Transport Museum

CITIZENS ADVICE UPDATE:

ARE YOU READY FOR THE EXPECTED INCREASE IN ENERGY COSTS?

If you are concerned about the expected increase in energy costs that are regularly being reported in the press, and worried about how you will pay these bills, it is even more important to check you are on the best tariff for you.

Our website www.citizensadvice.org.uk/consumer/energy/ has a host of information and a price comparison tool. If you find this whole area daunting then do get in touch and we can guide you through the process.

We suggest first point of contact for advice by email, phone and post on Mon, Tues, Thurs and Fri from 10-2pm alongside the new appointment service. Call us on 01728 832193 or Freephone 0800 278 7868. Or email: supervisor@leistoncab.cabnet.org.uk to make contact.

We have recently resumed our face-to-face appointments in Leiston. These appointments must be pre-booked by phoning 01728 642960 – the lines are open 10am-4pm Mon-Fri. To meet government guidelines, we have had to adapt the way we have traditionally worked. We are restricted on numbers of people allowed in at any one time so even with an appointment you may have to wait outside before you can enter. We thank you for your understanding while we reopen our offices and look forward to seeing our clients face-to-face once again.

Alison Moor

THE PENINSULA PRACTICE

DAY	ALDERTON	ORFORD	ALDEBURGH	HOLLESLEY
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30	13.30 to 17.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30	
Wednesday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	
Thursday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	
Friday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	

STAFF TRAINING CLOSURE AFTERNOON

The surgery will be closed for staff training on Thursday 9 September from 13.00.
All calls will be diverted to NHS 111

Booster Covid Vaccination

The Peninsula Practice has applied to be a site to deliver Phase 3 COVID vaccines. At the time of writing this the surgery is still awaiting approval. If this is accepted, we will be delivering vaccines to the age groups determined by NHSE for a 3rd vaccine. More details will be available on our website, Facebook and posters in the surgery.

Flu clinics in September 2021

Thursday 16 September – Aldeburgh Community Centre (all day)

Tuesday 21 September – Orford Surgery (all day)

Thursday 30 September – Hollesley Village Hall (all day)

Starting on Monday 4 October – housebound patients (surgery will contact those patients to schedule a date)

Wednesday 13 October – Aldeburgh Surgery, Alderton Surgery & Orford Surgery (afternoon only)

From 11 August 2021

Flu appointments will be available to book.

Patients with online access: If you have online access it is the quickest and easiest way to book, we urge patients to use this booking facility rather than phoning the surgery as it will enable our care navigators to help book in patients without online access.

Patients without online access: For patients without online access our care navigators will be able to help arrange an appointment by phone.

Eligibility: anyone over the age of 50 – invite letters will not be sent for this group but you may receive a text. Pregnant patients. Anyone in an at risk group aged 2-49yrs – you will receive a letter or text if unsure of your eligibility.

www.thepeninsulapractice.co.uk or 01394 411641

Changes to the appointment system

From Wednesday 1 September, the Peninsula Practice is changing its appointment system, to offer improved choice, advanced availability and shorter waiting times. Daily appointments will now be bookable months, weeks or days in advance – online, by phone or at the surgery (Additional appointments will then be gradually freed up to book until appointments on the day which will be prioritised for those who are in need of urgent support). When making your appointment, you may choose an online or face-to-face consultation with the clinician. When you book, write your preference on your online booking or inform the Care Navigator. The clinician is then made aware of your wish and they will be ready to either call or see you.

Gerry Bathe, Secretary of Patient Participation Group



01394 450235

We are currently offering the following services to the residents of Orford, Gedgrave and Sudbourne Hall:

Friendship and companionship

Collection of medication

Shopping

Dog walking / feeding pets

Form filling and help with technology

One-off garden tidy

Minor household repairs

A healthy meal

Transport to Covid-19 vaccination, hospital and GP appointments

Provision of a personal care alarm with key safe, supported by the Orford & District Surgery Charitable Trust

A Community Larder and book swap, available round the clock in the entrance to the Kings Head car park.

Other activities as requested and agreed

Thank you to everyone who contributes to the Community Larder.