

The newsletter for the community of Orford and Gedgrave

Issue No. 379 October 2023

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The Council therefore holds no responsibility for its content except that submitted by and on behalf of the Council or Trust.

All copy must be received by midday on Thursday 19 October 2023, preferably by email to:

orfordtrust@outlook.com or put through the Town Hall letterbox

Priority for inclusion is given to articles that are about or directly affect the community of Orford and Gedgrave and inclusion is subject to editing and availability of space. Contributors should be aware that this newsletter is published on the website of Orford and Gedgrave Parish Council and the New Orford Town Trust (www.orfordparishandtrust.onesuffolk.net)

COPY DEADLINE FOR THE NOVEMBER ISSUE OF VILLAGE VOICE IS MIDDAY ON THURSDAY 19 OCTOBER

VILLAGE FUND

The New Orford Town Trust has already made grants to several local organisations from its Village Fund. The next applications will be considered in October and should be submitted to the Clerk, preferably by email, by 9am on Tuesday 17 October. Please contact the Clerk for more information and an application form.

Kara Reed, Clerk to New Orford Town Trust, orfordtrust@outlook.com, 01394 459172

ORFORD SPORTS & RECREATION CLUB

Many thanks to all who attended the final bike meet night of the year on 14 September - nice to see so many bikers and people who enjoy the occasion and make it a great success. Also, thanks to the staff on the BBQ, and bar staff, without whom the nights would not function. As we head into the autumn period, our Bingo nights on one Friday in the month (check Facebook/ notice boards for updates), are continuing to be a great night, and also Darts nights are back on selected Friday evenings (check Facebook/notice board for details).

Many thanks to all those members who took advantage of the organised club trip to Cambridge, and also to Sam Davis for your organisational skills, and information for the day. There will be another trip somewhere (sometime next year).

Keep an eye out for any forthcoming events, and don't forget the Friday club nights.

On another disappointing note, it appears that someone is taking great delight in vandalising some of the club benches, and to date, we have lost three to blatant vandalism. Maybe the culprits were disturbed on their last visit, because they left an item behind, which may be used in an investigation with police help. If you happen to notice any suspicious behaviour around the club building, don't hesitate to contact a committee member.

Mark Smy, Secretary, 450358

RNLI IN ORFORD AUGUST 2023

The threat of rain on the day of the Flower Show this year was a bit alarming as I have to return any unsold goods back to the Aldeburgh shop so cannot get them wet. Amazingly enough it

October dates for your diary

- Each Monday: badminton Orford Town Hall, 10am-12noon
- Each Monday (except bank holidays): Coffee and Chat Orford Sports and Recreation Club, 10.30am-12.30pm
- Each Wednesday: chair pilates Orford Sports and Recreation Club, 11am-12noon
- Each Monday and Wednesday: Methodist Chapel tea room, lunch, 11am-4pm
- Each Wednesday: badminton 7-9pm
- Each Saturday: Orford Country Market Orford Town Hall, 9.30am-1pm
- Thursday 5 October: Gardening Club Orford Town Hall, 7.30pm
- Saturday 7 October: Fumble in the Jumble St Bartholomew's Church, 10am-3pm
- Saturday 7 October: Improvements to the Alde and Ore Estuary Flood Defences - Hoffmann Building, Snape Maltings, from 11.30am
- Sunday 8 October: Prometheus Orchestra concert St Bartholomew's Church, 5pm
- Saturday 14 October: Talks for Thomas: Graeme Kay Bart's Hall, 6.30pm for 7pm
- Sunday 22 October: Sudbourne Ensemble concert Orford Town Hall, 3pm

rained in Woodbridge and Aldeburgh but stayed warm and sunny in Orford. There was a large crowd at the Show this year and I had plenty of customers for the discontinued Christmas cards at greatly reduced prices, which many regulars buy every year. I also sold some attractive calendars for 2024, plus all the usual favourite items and other new lines that the RNLI sell. The atmosphere at the show seemed friendlier than ever this year and we made £530 towards the Aldeburgh Lifeboat. They are having a new modern boat in the next few months to replace the existing very large one.

I would like to thank everyone who came and supported this worthwhile cause.

Diana Grayburn

ORFORD FIRE STATION

On behalf of the crew of Orford fire station I would like to thank all who contributed to our collection held on 26 August in Orford. Donations of £157.83 were collected in aid of The Firefighters Charity.

Neil Jacobs, Orford Fire Station, Suffolk Fire and Rescue Service

FLOWER SHOW REFRESHMENTS

I would like to thank everybody that supported the refreshments at the flower show - firstly the team of volunteers who work tirelessly in the kitchen not just this year but every year, everybody that donates cakes, Kate Thacker who kindly bakes a beautiful cake for me to raffle and to Mike and Judith Shallow who sponsor the cake. At the end of the day we took £1000 on the refreshments and £200 on the cake raffle. Again, many thanks to you all and I look forward to seeing you all next year.

Anne Macro

OCTOBER AT ST BARTHOLOMEW'S CHURCH

All are warmly welcomed to join us at St Bartholomew's, Orford and our neighbouring churches for:

Sunday 1 October Sung Holy Communion 9.30am Dr Rev

Stephen Thompson

Sunday 8 October Holy Communion 11am Rev Giles Tulk Sunday 15 October Holy Communion BCP 9.30am Rev Giles Tulk At Sudbourne:

Sunday 22 October Harvest Festival Communion Church Rev

Giles Tulk

At Tunstall:

Sunday 29 October Orford Cluster of Churches Joint Service

of Holy Communion Dr Rev Stephen Thompson (please note 11am start time)

Sunday 5 November Sung Holy Communion 9.30 am Rev Giles Tulk

A CHURCH NEAR YOU WEBSITE www.achurchnearyou.com provides details of all church services and events in the local area. For further information contact the Team Rector: Rev Giles Tulk 01394 450610 revgileswtr@gmail.com

Events in Church:

• Saturday 7 October, Jumble sale

Sunday 8 October, 5pm Prometheus Orchestra Concert.
 Tickets £20 from Britten Pears Arts

Dates for your Diary:

- Saturday 2 December, Church Bazaar
- Saturday 16 December, Aldeburgh Music Club Britten's Ceremony of Carols
- Sunday 17 December, December Service of Nine lessons and Carols with choir
- Saturday 2 March, 2024, Friends of St Bartholomew's Quiz Night and Supper in the Town Hall.

Revd Giles Tulk

OCTOBER AT ORFORD METHODIST CHURCH

Services/Ministers

Sunday 1 October Harvest Thanksgiving

10.30am Rev Stephen Yelland – lunch follows

Sunday 8 October Prisons Week

10.30am Pam Caley

Sunday 15 October 10.30am Informal CAFÉ WORSHIP Sunday 22 October 10.30am Rev. Saul – Holy Communion

Sunday 29 October 10.30am Stephen Caley

There's always a great welcome for anyone to join with us. Children's activities are included in the service and refreshments are served afterwards.

Do let us know, in good time, if you would like to share with us for the Harvest Lunch.

We are planning to return to a monthly Sunday lunch throughout the autumn/winter/spring — the next being on Remembrance Sunday.

CHAPEL TEA ROOM – we are open every Monday and Wednesday 11am – 4pm for coffee and cake, lunch and afternoon tea (we are heading towards our winter opening hours at the end of the month). Come along and enjoy the food and relaxed space. The Tea Room has had a very busy summer with tables inside and out and under the gazebo. Felicity, Sofia and Ellen's outside stalls (during August on Chapel Tea Room open days) were very popular, selling toys, jigsaws, books and more, and with a fun tombola, and together with their collection boxes raised £330 for

Junior Missions for All - well done to all three. Certificates and badges were presented to them at the morning service on 17 September.

We hosted a hugely successful Epilepsy Fundraising Event early September – yummy homemade cakes, sausage rolls, cheese straws, jam and cream scones were the order of the day and an exciting raffle too – a total of £400 was raised for the Ipswich and Suffolk Epilepsy Support Group – many thanks to all local and visiting supporters.

Thank you, Darren and Tansey for the gift of a gazebo and to Angus riding in the Suffolk Churches Ride and Stride day and those who generously sponsored him. After an absence of several years we opened the church and Tea Room for that day.

Stephen Calev

SUDBOURNE HALL CRICKET

After another cricket season at Sudbourne Hall and the end of Summer, it is time to reflect on some fairly topsy-turvy warmer months in Orford, Sudbourne and the surrounding villages.

The turvy part has been mainly due to the completely unpredictable weather we've had. Ironically, the best week for cricket arrived during the first week in September, with season high temperatures and all and sundry reaching for drinks and suncream in equal measure.

We could've really done with the sunshine in June when clouds and a brisk North Easterly prevailed, very much 'two-jumper' days in cricketing terms.

The highlights!

Youth cricket is up and running again. Saturday mornings and a healthy attendance every fortnight of between 15 and 20 youngsters at the club. These are our future Saturday league players. A massive thank you to the parents and children who have attended from around the villages and welcome to the cricket community. We will carry on next year and hope you will come back down and enjoy our wonderful ground.

Secondly, a massive thank you to Miranda Cook, women's cricket sessions started in August under her guidance with the promise of a glass of Pimm's proving a very popular addition. Again, we will be running more regular sessions next year.

Thirdly, a successful crowdfunded campaign to support our youth cricket (The Peter Clift Academy), ground and infrastructure. A massive thank you to all who donated and Nick Joel who organised it. We'll be reaching out again due course with much work needed to upkeep pavilion, cricket square and ground.

Our Saturday team finished a respectable eighth (out of 11) in Division seven of the Two Counties League. After propping up the table until mid-June, the second half of the season saw much improved performances.

Finally, our annual club dinner is on Friday 13 October at Orford Town Hall. It's not too late if you'd like to attend. Please contact nick.joel@icloud.com "

Andy Halliday

DOG MESS IN THE VILLAGE

Over the last few weeks, it has been noticed by many residents that there is an increase of dog mess being left by owners around the village. This has been a particular problem in the area of Potkins Lane and the public footpath that runs through it. As a resident of Potkins Lane and dog owner, I am disgusted to find dog mess being left on not only my driveway but my neighbours' too.

The footpath between Potkins Lane and Town Farm is becoming a big problem for those who use it regularly, especially those who have young children who are having to scrape dog mess off toddlers' shoes and washing down strollers because it's all over the wheels. Although this is a public footpath it is not cut by the council but by residents, who are currently not willing to cut it because of the amount of mess that is being left behind.

Clearing up after your dog is part of being a responsible dog owner. Failure to clear up after dog is a criminal offence which can result in a fine of up to £1000 and also a matter for the Environmental Protection Team. Owners who are seen to fail in cleaning up, will be reported to the relevant council departments. Please be more considerate of others, be a responsible owner and clean it up!

Sarah Snowdon

TALKS FOR THOMAS

The Thomas Marshall Education Fund is delighted to host a programme of entertaining and enlightening presentations in Bart's Hall, Orford. The evenings start at 6.30pm with wine and nibbles, the talks will begin at 7pm and the evenings will finish around 8pm. Tickets are £10 per person. Contact Wendy Marshall on 01394 450090 or email contact@tmef.org.uk SCHEDULE

- Saturday 14 October (note new date)
 'MY WICKED, WACKY WORLD OF MUSIC'
 Writer and broadcaster, Graeme Kay, talks about his various experiences in the music world.
- Friday 17 November

 'A GREEN THOUGHT IN A GREEN SHADE'

Escape the earthbound world for an evening and join local author, Jack Cooke, for a talk on climbing trees. Cooke presents a virtual tree top tour and a reminder that you're never too old to explore the canopy.

• Friday 8 December

'PEACE COMES DROPPING SLOW'

Local author, Sarah Hardy, talks about her novel, *The Walled Garden*, set in 1946 on the Suffolk coast.

These monthly 'Talks for Thomas' will continue in the New Year with other interesting and entertaining speakers including Nick Robinson.

Wendy Marshall

ORFORD AND DISTRICT GARDENING CLUB

Our next events:

• Thursday 5 October: 7.30pm Orford Town Hall Change of speaker and topic...

Luci Skinner of Woottens: Salvias – 'Exploring the New World and Old World Species and Cultivars of this magnificent genus' Plants for sale – cash please.

Luci has worked in horticulture for 15 years, as a plants woman, gardener and nursery owner. She is passionate about plants, plant history and an avid environmentalist. We will learn about those Salvias which are easy to grow and those which need a bit more TLC and we are certainly hoping to extend the range we have in our garden.

• Saturday 18 November, afternoon: includes afternoon tea Xa Tollemache of Helmingham Hall – 'A garden well placed: A designer's harmony between house and garden.'

We've all been to Helmingham Hall and seen the wonderful garden. She has extensive experience in garden design including winning a Gold Medal at the Chelsea Flower Show! Xa has been designing gardens since 1996 and has worked in London as well as the United States, Europe and Scandinavia. Although many are traditional in theme, each has its own character, designed to fit in with the surrounding landscape and architecture. Her projects range from small courtyard gardens to large estates including the Millennium Garden at Castle Hill in Devon, new borders at Dunbeath Castle in Scotland and the Cloister Garden at Wilton House near

Salisbury. Xa has, of course extensively redesigned her own garden at Helmingham Hall over 25 years.

This is an OPEN EVENT. Tickets are on sale at our meetings or by contacting me by email.

Penny Robertson of Suffolk Coastal Beekeeping Association — 'Helping Bees'

Penny gave a really informative talk to 29 of us in September, not just about honey bees but other types including solitary bees. She spoke about their habitats, how they forage and what we can do to support them. Apparently, Dandelions are the plant they most love so in future we are not to mow these down until they have flowered!

Polly Sharkey, (Chair), creativefutures98@btinternet.com, 01394 450959

PROMETHEUS ORCHESTRA

Prometheus will be holding its autumn concert in St Bartholomew's, Orford on Sunday 8 October at 5pm. The programme includes popular pieces: a Rossini overture — *The Italian Girl in Algiers*, Schubert's Unfinished Symphony and in the second half the perennial Beethoven's Fifth Symphony (di di di dum!). Tickets are £20 and can be bought form Britten Pears Arts (01728 687110) or are available on the door. So do come along and have an evening of enjoyable music.

Chris Gill

CONCERT BY THE SUDBOURNE ENSEMBLE

Sunday 22 October, 3pm at Orford Town Hall:

Mozart Viola Quintets: No. 2 in C minor K406, No. 3 in C major K515, No. 4 in G minor K516

Jim McLeod, Vicky Jolliffe – violin, Graham Scott, Graham Nicolson – viola, Masa Kurokawa – cello

Tickets $\pounds 15$ on the door in support of Changing Faces, Visible Difference and Disfigurement Charity, www.changingfaces.org.uk Heather Patrick

IMPROVEMENTS TO THE ALDE AND ORE ESTUARY FLOOD DEFENCES

Saturday 7 October, Hoffman Building, Snape Maltings Concert Hall, Snape Bridge, Snape IP17 1SP.

Informal drop in, 11.30pm to 1pm

Presentations and Q&A, 2pm to 4pm

The East Suffolk Water Management Board, The Alde & Ore Estuary Trust and the Alde & Ore Community Partnership are delighted to host an informal opportunity to chat about plans for increasing the resilience of the estuary flood defences against a catastrophic flood. This will include the progress of the Upper Estuary works and the development of the business case for the Lower Estuary.

The team will be there from 11.30am to 1pm to discuss the whole estuary approach.

Then, in the afternoon, from 2pm to 4pm we will be presenting an overview, exploring the project links and interdependencies between the Upper and Lower Estuary. We will outline of the work of The Alde & Ore Estuary Trust and the Alde & Ore Community Partnership, followed by an update on the progress of the Upper Estuary phase of the project.

There will then be ample opportunity for questions and answers during a panel discussion. We do hope that you can join us.

Sharon Richardson, Senior Partnerships and Engagement Advisor, East Suffolk Council

OCTOBER UPDATE FROM THE PENINSULA PRACTICE

DAY	ALDERTON	ORFORD	ALDEBURGH
Monday	8.00 to <i>14.30</i>	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30
Wednesday	8.00 to 18.30	8.00 to <i>13.00</i>	8.00 to 18.30
Thursday	8.00 to 18.30	8.00 to <i>13.00</i>	8.00 to 18.30
Friday	8.00 to 18.30	8.00 to <i>13.00</i>	8.00 to 18.30

Thursday 9 November from 13.00: staff training. Alderton surgery will be open for booking future appointments, and the dispensary will be open for collections. Aldeburgh and Orford surgeries will be closed. All calls will be redirected to 111 for this afternoon.

We offer an increasingly wide range of NHS services to our patients:

Memory checks (if worried about dementia) Menopause management • Paramedic appointments • Same day physiotherapy for acute musculoskeletal symptoms • Ultrasound (by referral) • Single skin lesion clinic • Mental health and wellbeing support • Insomnia support - SleepStation (a bespoke programme) • Travel health • Social prescriber – support for non-clinical health and wellbeing needs • Compassionate Companion service – to support end of life choices and care • Full contraception services (eg coils) and sexual health

Also available at our practice are non-NHS services (charged):

Chiropody – foot care appointments & home visits • Ear care – wax removal (see website)

Vaccinations

We are pleased to have completed our three large scale winter vaccination clinics across our practice surgeries. This contributes to the majority of our vulnerable patient population having greater protection from winter illnesses. Thank you to our staff, volunteers and patients who enabled this. If you believe you are in one of the eligible groups and missed your vaccination, please call the surgery to find out about possible opportunities to get your vaccination.

Compassionate Companions Training

Have you got 1 hour a week to spare to support a person within your local community?

People approaching the end of their lives need medical care for only 5% of the time - we aim to make the other 95% as rich and essential as possible.

To find out more, please search this link (https://www.compassionate-communities.co.uk) or contact the team at bill.thompson1@nhs.net

www.thepeninsulapractice.co.uk or 01394 411641

https://www.facebook.com/ThePeninsulaPracticeGPSurgery/





We can help with any of the following:

- Friendship and companionship
- Collection of medication
- Shopping
- Dog walking / feeding pets
- Form filling and help with technology
- One-off garden tidy
- Minor household repairs
- A healthy meal
- Transport to hospital and GP appointments
- Provision of a personal care alarm and key safe
- A Community Larder located in the entrance to the King's Head car park
- Weekly trip to Woodbridge (£2 charge)
- Support for anyone who is impacted by a scam
- Monday Coffee & Chat
- Other activities as requested and agreed

Thank you to the following local organisations who support us: The King's Head; Orford & District Surgery CIO; Orford General Stores, Orford Sports & Recreation Club; New Orford Town Trust; Pump Street Bakery; St Bartholomew's Churc