

The newsletter for the community of Orford and Gedgrave

Issue No. 380 November 2023

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The Council therefore holds no responsibility for its content except that submitted by and on behalf of the Council or Trust.

All copy must be received by midday on Thursday 16 November, preferably by email to:

orfordtrust@outlook.com or put through the Town Hall letterbox

Priority for inclusion is given to articles that are about or directly affect the community of Orford and Gedgrave and inclusion is subject to editing and availability of space. Contributors should be aware that this newsletter is published on the website of Orford and Gedgrave Parish Council and the New Orford Town Trust (www.orfordparishandtrust.onesuffolk.net)

COPY DEADLINE FOR THE DECEMBER ISSUE OF VILLAGE VOICE IS MIDDAY ON THURSDAY 16 NOVEMBER

ORFORD AND GEDGRAVE EMERGENCY GROUP

Following on from the events on Friday 20 October involving Storm Babet, it was apparent that residents were not aware that the Emergency Group was still in place.

If there is a community emergency and you feel that the Emergency Group can assist - it may be to do with flooding, village power cut or other emergency - please contact us: Mike Finney – 07783 994157, John Backhouse - 07912 317778, or Anne Macro - 01394 450741.

This will start a chain of communication to the members of the group who will be willing to assist.

Emergency Group, Orford and Gedgrave Parish Council

ORFORD BONFIRE AND FIREWORKS

Weather permitting the annual bonfire and fireworks will take place on the field beyond the school on Saturday 4 November, from 6pm. Fireworks are scheduled for around 7pm. There will be a BBQ – cash only.

The fire is taking shape, but there is room for more! Please remember it is for garden rubbish - there are numerous restrictions on what can be burnt. There are signs on the field with further details. Please be careful... the field is very wet!

We desperately need volunteers for a couple of hours on the night, either to collect donations or as fire marshals. If you are able to help please respond via the Orford Bonfire and Fireworks Facebook page or contact Richard Mallett or Hannah Backhouse. Or just turn up to the briefing meeting at the Recreation Ground on Friday 3 November at 7.30pm.

We need your support! All donations collected on the night will fund next year's event.

Orford Bonfire and Fireworks Committee

BART'S HALL WARM ROOM OPEN FOR LUNCH -

STARTING FRIDAY 3 NOVEMBER

Back by popular request! Bart's Hall in Broad Street will be open for hot soup lunches every Friday from 12.30pm to 2.30pm. All are welcome, including well behaved dogs, to enjoy some convivial company and a delicious simple lunch. There is no charge for lunch.

November dates for your diary

- Each Monday: badminton Orford Town Hall, 10am-12noon
- Each Monday (except bank holidays): Coffee and Chat Orford Sports and Recreation Club, 10.30am-12.30pm
- Each Wednesday: chair pilates Orford Sports and Recreation Club, 11am-12noon
- Each Monday and Wednesday: Methodist Chapel tea room, lunch, 11am-2pm
- Each Wednesday: badminton Orford Town Hall, 7-9pm
- Each Friday: Bart's Hall warm room, hot soup lunch Bart's Hall, 12.30-2.30pm
- Friday, every two weeks: pickleball Orford Town Hall, 10am-12noon (10 and 24 November)
- Each Saturday: Orford Country Market Orford Town Hall, 9.30am-1pm
- Saturday 4 November: Orford bonire and fireworks field beyond Orford School, from 6pm
- Friday 17 November: Talks for Thomas Bart's Hall, 6.30pm for 7pm
- Saturday 18 November: Gardening Club open event Orford Town Hall, 3pm
- Friday 24 November: Orford Museum event, Merry Old Christmas with Chanter's Jigge- Butley Priory, 6pm
- Monday 27 November: Ink and Insights Jolly Sailor, 8pm

For further information contact Caroline Gill 07799 655825 carolinedechairgill@gmail.com

Caroline Gill

THE ORFORD SUDBOURNE & GEDGRAVE FLOWER SHOW 2023

And it's a wrap, another fantastic flower show is over and done with. The weather smiled on us, particularly given the torrential rain experienced nearby! The crowds came in with possibly a record attendance. The feedback from everyone has been great with the overwhelming sentiment being that we continue to put on a traditional village flower show and fete as they are becoming very rare — it's always surprising how far people travel to attend, and they do it year after year.

Of course, we could not put on such a great show if it were not for the numerous volunteers who help build the showground over Friday and Saturday, run the stalls and tidy away at the end, there are far too many to name individually but you, and more importantly we, know who you are.

A massive thank you to the Committee who work tirelessly over months to get the show organised, enjoy your time off before we start again for the 2024 show.

A further thank you to all the Friends without whose generous donations the Show could not run and to the Orford General Store and their volunteers for getting up early to make the Friends reception lunch and to those whose served it in the marquee, and to Greenwell Farm Estate for the loan of men and machines to help build the show and take it down again, and finally to our first aiders and local fire crew for keeping us safe, and the Orford Meat Shed for providing the very important bone for the dog races!

Apologies if I have missed anyone, but thank you all, it is very much appreciated.

It has always been the case that after deducting the costs of running the show and retaining some funds to help run next year's show, any surplus would be made available for local projects and good causes and there will be more on this in a couple of months' time.

Please visit us at www.orfordflowershow.org and on Instagram #orfordflowershow to see and share photos from this year's show.

Gary Wingrove, Chairman

NOVEMBER AT ST BARTHOLOMEW'S CHURCH

All are warmly welcomed to join us at St Bartholomew's, Orford and our neighbouring churches for:

Sunday 5 November Sung Holy Communion, 9.30am, Dr Rev Stephen Thompson

Sunday 12 November Said Holy Communion, 9.30am,

Rev Giles Tulk 10.45am, Cluster Act of Remembrance at the War Memorial in St Bartholomew's Churchyard, Rev Giles Tulk

Sunday 19 November Holy Communion BCP, 9.30am, Rev Giles

December

Sunday 3 December Sung Holy Communion, 9.30am, Rev

Giles Tulk

Carols by Candlelight, 6pm at Chillesford Church

A CHURCH NEAR YOU WEBSITE www.achurchnearyou.com provides details of all church services and events in the local area. For further information contact the Team Rector: Rev Giles Tulk 01394 450610 revgileswtr@gmail.com

Dates for your diary:

Saturday 2 December Sunday 3 December Saturday 16 December Church bazaar – from 2pm Brass Concert in aid of TMEF at 3pm Aldeburgh Music Club Carols at 3pm, including Britten's *A Ceremony of Carols*. Tickets available from the Aldeburgh Music Club website. Unreserved £10, and under 18s £8. Further information from Caroline Gill, 07799 655825

Looking ahead:

Saturday 2 March 2024 Friends of St Bartholomew's Quiz Night and Supper in the Town Hall

Revd Giles Tulk

NOVEMBER AT ORFORD METHODIST CHURCH

Sunday 5 November 10.30am Service arranged locally Sunday 12 November REMEMBRANCE

10.30am Stephen Caley, Remem brance service and silence - followed

by lunch

Sunday 19 November Sunday 26 November 10.30am Service arranged locally

10.30am Stephen Caley

Children remain in church for the service. Refreshments are served afterwards. There's always a warm welcome to visitors and villagers to share with us.

CHAPEL TEA ROOM – *Open all year* MONDAYS and WEDNES-DAYS – 11am–2pm *winter timing,* serving morning coffee and a warming lunch – great way to start the week or a midweek treat – no booking needed. There's always a great selection of art, craft, cards and preserves available.

The monthly Sunday lunch is back!! - commenced last month after the Harvest service - the next will take place on Remembrance Sunday - do join us.

Harvest Thanksgiving was a joyful occasion, the young people helping lead the service. Everyone stayed to enjoy a cooked lunch afterwards. All the contributed 'food' from the harvest display was delivered to the Woodbridge Salvation Army Food Bank

Recent informal café-style worship, enjoying coffee and food, was appreciated by friends and visitors, as was the Harvest service.

We are busy in planning and rehearsing for the 'Very Modern Nativity', written by Ellen, to be held on Sunday 17 December at 10.30am.

Stephen Caley

INK AND INSIGHTS BOOK CLUB

Monday 27 November at 8pm in The Jolly Sailor pub, Orford. All are welcome to join us to discuss personal perspectives on philosophy, faith, value and the meaning of life through the lens of great books. Our first book is: *The Great Divorce* by CS Lewis.

In this short 146-page book CS Lewis ponders the timeless question of the existence of heaven and hell – can one exist without the other? Just read the book and turn up to discuss in friendly and relaxed company with a drink! For more information please contact: Jamie at Jamievclements@gmail.com or Revd Giles at revgileswtr@gmail.com

Giles Tulk

ORFORD AND DISTRICT GARDENING CLUB

OPEN EVENT! Saturday 18 November at 3pm, in Orford Town Hall (includes afternoon tea)

Xa Tollemache of Helmingham Hall: 'A garden well placed: A designer's harmony between house and garden'

Helmingham Hall is a wonderful garden and Xa has extensive experience in garden design including winning a Gold Medal at the Chelsea Flower Show. Xa has been designing gardens since 1996 and has worked in London as well as the United States, Europe and Scandinavia. Although many are traditional in theme, each has its own character, designed to fit in with the surrounding landscape and architecture. Her projects range from small courtyard gardens to large estates including the Millennium Garden at Castle Hill in Devon, new borders at Dunbeath Castle in Scotland and the Cloister Garden at Wilton House near Salisbury. Xa has, of course extensively redesigned her own garden at Helmingham Hall, over 25 years.

Tickets: Members £10, £15 non-members – contact me creativefutures98@btinternet.com

Luci Skinner of Woottens/Greenways Beds and Borders – Salvias: 'Exploring the New World and Old World Species and Cultivars of this magnificent genus'

In October Luci came to talk to us on the above topic and started her presentation with this:

In these times of fashionable rages, Let us honor enduring sages. Known to cure, to mend, to ease; Companions to cooks; splendid teas. Hundreds of species our world adorn, Richly diverse in flower and form. Hail to Salvia, that scented salvation, Worthy of study and our admiration. Poem by Andy Doty We now know that the famous 'Hot Lips' hardy, woody Salvia comes from the New World but also that there are many other hardy plants including 'Amistad' the beautiful purple tall Salvia. Many others need a bit more TLC if we are to keep them over winter but, times and weather are changing! We may not have known that our Sage which goes so well with Chicken is a Salvia as is Lavender. These are from the Old World and have many herbal cousins.

Luci will be back to talk to us again on Pelargoniums, in Spring 2024! **Polly Sharkey** (Chair), creativefutures98@btinternet.com, 01394 450959

A GREEN THOUGHT IN A GREEN SHADE

The Trustees of the Thomas Marshall Education Fund invite you to the second in a series of Talks For Thomas to raise the much needed funds to support the education, training and life skills of young people in Mozambique. The date for this is Friday 17 November 2023.

Escape the earthbound world for an evening and join local author, Jack Cooke, for a talk on climbing trees. Cooke presents a virtual tree top tour and a reminder you're never too old to explore the canopy.

The adventures in Jack's book *The Tree Climber's Guide* have been described in the Daily Mail as 'one of the publishing sensations of the year' and, having read it, I can confirm it is charming, witty and exquisitely illustrated.

The evening starts with wine and nibbles at 6.30pm and Jack's talk will start at 7pm. The evening will finish around 8pm. Tickets are £10, available from Wendy Marshall on 01394 450090 or by emailing contact@tmef.org.uk

Katherine Silver-Murphy

ORFORD MUSEUM FORTHCOMING EVENTS

Following the very successful series of lectures held by Orford Museum in the wonderful setting of Butley Priory, we are delighted to announce something rather different. On Friday 24 November 2023, Chanter's Jigge, a group of musicians who specialize in playing music from all around Europe on traditional and modern instruments, is coming to the Priory to present an evening of carols, tunes and festive readings designed to get you into the mood for Christmas. Tickets are selling fast but we still have a few places left. The evening will start at 6pm and mulled wine will be served during the interval. Tickets cost £16 for Friends of Orford Museum and £18 for non-Friends.

On Tuesday 6 February 2024, David Warren will give a talk entitled 'A Personal 60-year Journey on Orford Ness'. David will explain his connection with Orford Ness from when he spent four years there as a Scientific Assistant going on to become a National Trust volunteer Ranger and, later, an independent military researcher. His long-lasting affinity with the Ness increased during his time spent at Aldermaston. As a volunteer, David led a National Trust programme to find and record the memories of Orford Ness 'Veterans'. The facts and memories shared by 55 Vets motivated him and other volunteers to work on acquiring and adding new information to that already published by the National Trust. David's talk will include an overview of the vast range of military technologies that were carried out on the Ness, together with an explanation of the various projects newly discovered by independent researchers - now branded as IRGON. It will also demonstrate IRGON's use of CGI intended to give the public 'virtual tours' of the Ness and the interior of its many iconic structures.

Analysis of the Vets' recordings by a Framlingham-born, Canadian Sociology Professor in his academic work on 'Secrecy' will be explained, as will the boost given to research by AWE Aldermaston supplying 850 declassified files.

To book tickets for this talk and for Chanter's Jigge, please go to our website at www.orfordmuseum.org.uk or contact our Treasurer at info@orfordmuseum.org.uk. The exhibition in some of the Museum's display cases in Orford Castle of Celtic artefacts loaned to us by a local collector has drawn much attention and praise. We are hoping, therefore, to extend it to two further cases and to leave it in place until the spring. If you haven't already seen it, do go – it is quite beautiful. Friends of Orford Museum have free entry to Orford Castle so if you would like to join the Friends, you will find details of how to do so on our website together with much else about Orford Museum, its history, publications and activities.

Elizabeth Spinney

BRASS BAND CHRISTMAS CONCERT - SUNDAY 3 DECEMBER

On Sunday 3 December at 3pm the very talented and entertaining Band of the Royal British Legion Leiston, will be returning to St Bartholomew's Church, Orford for another of their fabulously rousing Christmas Concerts to get everyone well into the Christmas spirit. Refreshments will also be available.

Ticket Price: adults £7.50 / Accompanied children free Contact and bookings: Wendy Marshall on 01384 450090 or contact@tmef.org.uk

Wendy Marshall

ST BARTHOLOMEW'S CHURCH CHRISTMAS BAZAAR

It's that time of year again! The popular annual Christmas bazaar will be held in the Church from 2pm on Saturday 2 December with proceeds going to both the Church Fabric and the Thomas Marshall Education Fund. Always a great start to Christmas.

Come along with your family and friends and have some fun on the bottle tombola, the raffle and 'Guess the weight of the cake' and grab bargains galore from the Bric-a-Brac Stall. Pick up those 'must have' gifts from the Christmas Stall which will be full of edible Christmas goodies and other Christmas fare, including TMEF's new Brighter Future alternative gift ideas! Have a go on the riotous Human Christmas Machine and try to get three in a row! Refresh yourselves with a glass of delicious mulled wine and a mince pie and/or a cup of tea and a slice of cake and listen to Nick Raison playing your seasonal favourites on the piano.

Cakes for both the teas and cake stall, bottles for the bottle tombola, raffle prizes, games, and any items of good quality and in working order that you can offer to be sold, would be greatly appreciated. Please bring all items to the Church ideally on the Friday afternoon (1 December) or on the morning of the bazaar or contact the people below.

Look forward to seeing you all on Saturday 2 December!

Bottle Tombola Suki Pearce 450011

Cakes Libby Archer 07713 413494

Christmas Stall Wendy Marshall 450090

Raffle John & Veronica Bevan 450631

Wendy Marshall

THE VILLAGE STOCKS

It is sad to see two similar articles in the Voice last month, one referring to outright vandalism and the other, for a second time, about the dog poop left around in Potkins Lane. The concept that 'it can't happen here' is fast eroding and, it would seem, all those horrific happenings across the land, be it the teenage killings and stabbings, gangs shoplifting stores and drug abuse seen openly in the streets, are creeping in through the dark forests towards Orford.

In years gone by, Orford had its own answer to these crimes mentioned in the Voice, a very sturdy set of wooden stocks that are now part of the village history. The stocks allowed the village authorities to penalise, publicise and visibly shame those who vandalised property of others or failed to adhere to local rules. Having your guilty face known to those live around you is a good deterrent that helped keep the wayward in check, so perhaps we should all be more vigilant to help protect our community.

Jeremy Rugge-Price

ART CLASSES AT BLUEBIRD POTTERY SHED AT SUDBOURNE PARK ESTATE – UPDATE!

Now on Mondays and Tuesdays.

Marjoke Henrichs, Artist and Illustrator, is running flexible art classes with support and guidance offering a friendly relaxed approach to develop and explore the use of drawing, painting and mixed media materials, line and collage. A new creative art project will be on offer when starting the classes. Some materials are included, but good to bring your own. No experience needed.

Sessions run every Monday and Tuesday from 10am to 1pm and from 2pm to 5pm. £35 per session. The Monday morning class currently has a waiting list. Please book for a minimum of 4 sessions to be able to develop and finish a project.

Should you be interested please contact Marjoke for more information and booking.

marjoke.henrichs@btinternet.com, 07714 644584

Marjoke Henrichs

NOVEMBER UPDATE FROM THE PENINSULA PRACTICE

DAY	ALDERTON	ORFORD	ALDEBURGH
Monday	8.00 to <i>14.30</i>	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30
Wednesday	8.00 to 18.30	8.00 to <i>13.00</i>	8.00 to 18.30
Thursday	8.00 to 18.30	8.00 to <i>13.00</i>	8.00 to 18.30
Friday	8.00 to 18.30	8.00 to <i>13.00</i>	8.00 to 18.30

Wednesday 6 December from 13.00: staff training. Aldeburgh surgery will be open for booking future appointments. Alderton and Orford surgeries will be closed. All calls will be redirected to 111 for this afternoon.

We offer an increasingly wide range of NHS services to our patients:

Memory checks (if worried about dementia) • Menopause management • Paramedic appointments • Same day physiotherapy for acute musculoskeletal symptoms • Ultrasound (by referral) • Single skin lesion clinic • Mental health and wellbeing support • Insomnia support - SleepStation (a bespoke programme) • Travel health • Social prescriber – support for non-clinical health and wellbeing needs • Compassionate Companion service – to support end of life choices and care • Full contraception services (eg coils) and sexual health

Also available at our practice are non-NHS services (charged):

Chiropody – foot care appointments & home visits • Ear care – wax removal (see website)

Goodbye and Thank You to Dr John Scott

On behalf of all the staff and thousands of patients who have benefited from the care, kindness and expertise of Dr John Scott, we would like to thank him and wish him the very best as he steps down from his GP position with Peninsula Practice in December.

Contact details

Have you given us your current mobile number? This allows you to get information directly and quickly from us. We can send you appointment reminders, results, and information via your phone if you share your up to date mobile number (you can opt out of these if you wish).

To check if we have your current number and to update, go to your account at https://systmonline.tpp-uk.com/ or call the surgery after 11am.

www.thepeninsulapractice.co.uk or 01394 411641

https://www.facebook.com/ThePeninsulaPracticeGPSurgery/



