



The newsletter for the community of Orford and Gedgrave

Issue No. 350 May 2021

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The Council therefore holds no responsibility for its content except that submitted by and on behalf of the Council or Trust.

All copy must be received by midday on Thursday 20 May, preferably by email to:

orfordtrust@btconnect.com or put through the Town Hall letterbox

Priority for inclusion is given to articles that are about or directly affect the community of Orford and Gedgrave and inclusion is subject to editing and availability of space. Contributors should be aware that this newsletter is published on the website of Orford and Gedgrave Parish Council and the New Orford Town Trust (www.orfordparishandtrust.onesuffolk.net)

COPY DEADLINE FOR THE JUNE 2021 ISSUE OF VILLAGE VOICE IS MIDDAY ON THURSDAY 20 MAY 2021

FROM ORFORD AND GEDGRAVE PARISH COUNCIL ANNUAL PARISH MEETING

The Parish Council will be holding the Annual Parish Meeting in the Main Hall of the Town Hall on Wednesday 19 May at 7pm, with doors opening from 6.45pm.

This will be a socially distanced meeting where masks must be worn, and hands sanitised on entering. There will be no paperwork handed out, and copies of the reports will be available from the Clerk via email if requested. There will be no refreshments.

DOGS ON THE RECREATION GROUND

Could anyone exercising their dogs on the Recreation Ground please ensure that they remain on a lead. Thank you.

Marie Backhouse, Clerk to Orford and Gedgrave Parish Council, 459172, orfordtownhall@btconnect.com

LINING IN QSCP AND ON ORFORD QUAY

NOTT will be having some lining work undertaken on Orford Quay and in the Quay Street Car Park. This means that access to the Quay will be restricted on the morning of Monday 10 May, and the Quay Street Car Park will be closed on that day. We are sorry for any inconvenience caused.

Kara Reed, Clerk to New Orford Town Trust, 459172, orfordtrust@btconnect.com

MAY SERVICES AT ST BARTHOLOMEW'S CHURCH

You are very welcome to join us for the following services in person or on Zoom:

- First to third Sundays 9am, Holy Communion Service
- Fourth Sunday 11am, Family service.
- Wednesday 6pm, Evening Prayer BCP

We will update changing information about our services and church opening for private prayer on the noticeboard by the church gate. Alternatively, you can visit the A Church Near You Website www.achurchnearyou.com to find details of all church services and events in the local area.

For further details about services and a Zoom link contact

Rev Giles Tulk, 01394 450610 or revgileswt@gmail.com

MAY AT ORFORD METHODIST CHURCH

In-person services continue to take place at 10.30am every Sunday – Covid regulations apply.

Dates for your diary

Each Saturday: Orford Country Market - Orford Town Hall, 9.30am-1pm

- Wednesday 19 May: Annual Parish Meeting - Orford Town Hall, 7pm
- Monday 31 May: Orford open gardens - 11.30am-4pm

Please note that bread and wine for Holy Communion is distributed in a safe way.

Keeping-in-touch letters and printed services continue to be sent to all friends by post or email – visit Methodistic.org.uk for Sunday Services, Thought for the Day and much more.

Chapel Tea Room is open every Monday and Wednesday from 11am - outside seating until 17 May when seating will return inside. Serving good food throughout – with arts and crafts available too. No booking is required.

Good Friday and Easter Day services were well received with hot cross buns and Easter eggs safely distributed. It was good to be able to create the Easter Garden inside the church, a welcome return!

The recent re-commencement of the Chapel Tea Room (first time this year on 12 and 14 April) saw a steady flow of visitors who were all prepared for the cold weather seating outside. Great to see supporting friends again.

Stephen Caley

ORFORD SPORTS & RECREATION CLUB

Hopefully, things are progressing forward in the right way. With this in mind, we are now planning a few dates for your diary.

- May Day bank holiday weekend, the club will be open, outside table service only, sign in or QR check in
- Bike meet nights, Thursdays 10 June, 8 July, 12 August, 9 September, from 6pm, bar and BBQ available
- Club should be re-opening for indoor use Friday 21 May from 7.30pm (rule of 6, sign in or QR check in)

We are sure there will be many more dates to come, obviously subject to the current Government restrictions at that time.

To enable the club to function, we need a thriving membership, and as most of our membership list has now expired, we will be shortly sending out membership renewals to everyone. Please renew or join the club membership, either by using your renewal form, or paying directly at the club - we really do need you. Membership renewals are £10 per adult, with reduced rates for 17 years and under. Club hire prices remain the same: £30 for members (with/without bar), Non-members £50 without bar, £75 with bar (so it pays to become a member). We can accept club

bookings as the year progresses, but please bear in mind that all these arrangements will depend on Government restrictions. We are very grateful for the grants we have received whilst closed, which have helped to secure the club, but there is nothing quite like being open.

We hope to see you all very soon.

Mark Smy, Secretary, 450358

ANNUAL QUAY SERVICE

This will (hopefully) be held on Sunday 1 August at 6pm – supporting the Fishermen's Mission. More details later – we look forward to seeing you.

Stephen Caley

LIZ CODDINGTON



It was so sad to hear the news of Liz Coddington's death on 17 April. She was adored by many and a much-valued member of Orford life for nearly 70 years.

Liz, the eldest of 6 children, was born on a farm in Gloucestershire on 6 October 1923. In 1941 she joined the WAAF which she hugely enjoyed and was posted to present day Sri Lanka in 1943-44. She met her husband Bob in 1947 and they were married in 1950. They first came to Orford in about 1951 as

they were looking for a leisure activity they could do together and thought sailing might be worth a try - Liz was not too keen on golf! Orford had been recommended to them by an acquaintance of Bob's. They quickly became part of the Orford scene, George Brinkley lent them a boat and allowed them to camp in his boatyard (the yard behind the Quay Office) and they also became life-long friends of Sid and Mini Harper of the Jolly Sailor.

Initially Bob and Liz rented properties to stay in but in the mid-60s bought Lavender Cottage from Nurse Baker. Liz had an inner beauty as well as an outer one which was complemented by this slightly cheeky, down-to-earth throaty chuckle. I can remember David Worne saying that when she first arrived many an Orford man lost their heart to her because she was a 'corker', and a corker she remained all her life.

Bob and Liz were popular members of the Sailing Club (Liz being the secretary from 1970-1974). She was a good sailor and was in hot demand as a crew - for a time she crewed for Ernest Birkett in Firestreak. They were also very involved with the Flower Show, where she showed her talent as an artist and won many a first prize for her brilliant pictures. When Bob died in 1993, Liz carried on throwing herself into projects including being on the Peacocks Pygmy Committee in the early 90s. She deplored the developing situation of locals being forced to move out of the village because of rising house prices and would have whole heartily approved of the New Orford Town Trust Housing Fund.

Old age and poor mobility forced Liz to move into a home in 2014. She was a gentle woman, kind, fun and wise. We mourn her loss but she is to be buried in the village she loved with the husband she loved. My sincere condolences go to her brother, sister, nephews, nieces, great nephews and great nieces.

Mary Iliff

PENINSULA PRACTICE PATIENT PARTICIPATION GROUP SURVEY

The Patient Participation group of The Peninsula Practice carried out a survey to discover the experiences of those who had been vaccinated in the early phase. The survey sought the views on the booking system, the venue service, the effectiveness of

communication and asked for recommendations for delivery improvement. Over 35% (1,300) responded.

The key findings:

Generally, people were happy with the service and over 90% were very satisfied about the quality of care received by staff and volunteers.

Booking: of the GP Federation and NHS booking services, the NHS service seemed to be the most effective with less concerns. Over 20% experienced difficulties including crashing websites and lengthy telephone queues, difficulty in securing a second appointment or hearing nothing when an appointment had been cancelled.

Venue: 30% thought the choice of venue was fair to poor and this was due predominately to the distance from homes.

Communication: several commented on a lack of information as to how people were selected by the GP Federation. The input by Dr Lindsey Crockett in providing weekly updates and appearing on the TV was welcomed.

Recommendations: 94% of participants made comments as to what improvements could be made. The main priorities for improvement were the introduction of localised delivery (over 90% of comments received), more effective use of databases to enable double appointments for partners and carers, an awareness of those who are deemed vulnerable who may require additional needs, and weekly updates on all media outlets to ensure that people are aware of what progress e.g. what group is currently receiving their vaccination.

If you would like a copy of the survey report (a four-page document), please email peninsulapracticeppg@gmail.com

ORFORD AND DISTRICT GARDENING CLUB

All you ever wanted to know about Salvias –

Janet Buist - 1 April

Well, we managed to get Janet at last albeit by Zoom and what a great presentation she gave us!

She spoke to us of how the famous Salvia 'Hot Lips' was originally discovered in Mexico in 2002 and then became popular in the USA and then over here. Prior to this the only Salvia planted in this country was for bedding in carpet gardens and so on, the short red annual...

She told us more about this genus and that the name Salvia comes from *salvas* meaning safe, well, in good health and unharmed. Apparently there are now 1747 varieties available for shady spots. Some are herbs, many half-hardy, some tender and evergreen and many hardy shrubby ones which are the most popular in this country. Janet told us about choosing the right Salvia for our gardens, how to care for them, and how to propagate.

The authority on Salvias is Robin Middleton (now deceased) and his partner Peter maintains the website to carry on the work: www.robinssalvias.com – do take a look.

Ulting Wick NGS Open Garden for Tulips

On 28 April we are very excited to be able to make our private trip to this wonderful NGS garden. Still keeping to Covid Guidelines, of course.

Vegetable Gardening

The talk on 6 May is sourced by Perennial on the above topic. Our host by Zoom will be Lou, who is the Head Gardener from Ulting Wick oddly enough!

June Garden Party

We are planning to hold a cut back version of our usual event on Thursday 10 June in a wild village garden if all goes well.

Mannington Hall Gardens Norfolk – Rose specialists

On Wednesday 7 July we are hoping still to be able to do last year's postponed coach trip as above but details have yet to be finalised.

New Members

We always welcome people to join us. Full member at £15 or £4 as a guest. Do contact me...

Polly Sharkey (Chair), creativefutures98@btinternet.com, 01394 450959

OPEN GARDENS IN ORFORD ON MONDAY 31 MAY

Thanks to the generosity of the owners there will be 14 Gardens open in Orford on Monday 31 May, from 11.30am until 4pm. The proceeds will go to St Bartholomew's Church. Tickets and maps will be available in the church. We are also planning to have 2 stalls selling plants and vegetables, one at the Great House and another in Toller Close. We believe that Covid restrictions will permit us to organise refreshments all day in the Church but if this is not possible, we will put tables in the churchyard. We will need plenty of cakes and biscuits and I hope to have lots of offers of these and also we need more helpers to serve tea, coffee and cake on the day. Please contact me on 01394 450771 or Sally Walton on 01394 450656. All we need now is a lovely sunny day.

Diana Grayburn, email: dianampaterson@btinternet.com

ORFORD SAILING CLUB

We are hoping that the Government Guidance will allow the restrictions to ease and that the sailing club will become operational once more. Should this be the case we would like to offer 'taster' sessions which are open to everyone. No experience necessary. Children must be at least 8 years old and everyone must be able to swim. These 1-hour sessions are aimed at local families to create an opportunity to experience sailing on the river. Also, you will meet other people who like sailing, without any further commitment. Charge £5 per session.

Starting date Wednesday 2 June, 5.30pm

Some Sunday morning sessions

Contact: Sheena Barrow, 07867 978770 or 01394 450737, Sheenamargaretbarrow@gmail.com

FIREWORKS AND BIRDS

On Easter Saturday, 3 April, at about 8.15pm in the centre of Orford some very large, bright and noisy fireworks were let off. The sky filled with terrified birds leaving their nests and roosts. No doubt some eggs were damaged and some nests never returned to. Please keep fireworks for November 5th.

Ian Castle

UPDATE FROM THE KING'S HEAD

Well, we are open again and delighted to be welcoming people back, albeit outside service only, so we all have to keep our fingers crossed for some continued good weather.

During the current phase of the lifting of the restrictions our opening hours are Bar 12 to 7 and Food 12 to 6 and closed on Monday and Tuesday.

The next phase is due no earlier than 17 May 17, subject to all the criteria being met. At that stage our proposed opening hours are as follows:

DAY	ALDERTON	ORFORD	ALDEBURGH	HOLLESLEY
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30	13.30 to 17.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30	
Wednesday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	
Thursday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	
Friday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	

THE PENINSULA PRACTICE

BANK HOLIDAY & STAFF TRAINING CLOSURE DATES

The surgery will be closed for MAY BANK HOLIDAYS on Monday 3 May 2021, and Monday 31 May 2021, and for staff training on Wednesday 19 May 2021 from 13.00.

When the surgery is closed please call NHS 111

www.thepeninsulapractice.co.uk, tel 01394 411641

Compassionate Communities is part of a local project to support living life fully before we die. Providing companions for people and families affected by life-limiting illness, and starting conversations about end of life.

We are keen to share a film about Compassionate Communities, and in particular, the role of our Compassionate Companions. Please visit the Compassionate Communities website to view the film: www.compassionate-communities.co.uk

	Bar	Food
Monday	Closed all Day	
Tuesday/Wednesday and Thursday	12 to 3 and 6 to 9.30	12 to 2.30 and 6 to 8.30
Friday and Saturday	12 to 11	12 to 2.30 & 6 to 8.30
Sunday	12 to 8	12 to 5

Thank you to everyone who has visited us since we re-opened on 15 April and we look forward to the continued route back to normal, whatever it maybe.

Ian, Suzanne & All of the Team,
thekingsheadorford@gmail.com

SAVE OUR SUFFOLK SWIFTS

Swifts are one of the most recognisable and iconic birds of summer, returning to the UK to breed in early May each year. But Swifts are disappearing from our skies – in the last 20 years the UK population has halved with a lack of nest sites considered to be one of the principal causes. However, you can help – Swifts readily take to nest boxes and for information and advice on putting up a Swift nest box or preserving the entrance to their natural homes under the roof tiles, please contact your Local Volunteer Swift Advisor, **Mark Linsley** on marklinsley60@gmail.com

CITIZENS ADVICE LEISTON & SAXMUNDHAM

We remain open for advice by phone and email (Mon, Tues, Thurs and Fri - 10am–2pm). Call us on 01728 832193 or Freephone 0808 278 7868. Or email: supervisor@leistoncab.cabnet.org.uk to make contact.

CHILLESFORD LODGE ESTATE INDOOR SWIMMING POOL

The pool is now open. All swimmers should show no symptoms of Covid, and for Health and Safety purposes there must be at least two competent people in the pool room at all times. Slots are 30 minutes of exclusive private swimming time with 20 minutes of changing room access afterwards. Minimum Cost is £15 per 30 minutes and minimum charge per swimmer is £5. Swimmers agree to abide by all HMGov rules on social distancing, wearing of masks, bubbles/households etc plus any Covid Compliance Guidance as published by Swim England.

It is possible to book a regular weekly time slot subject to availability. Regular slots are charged at a flat rate of £15 per 30 minutes and are open to a maximum of household/bubble/8 swimmers.

For more information and to register your interest please see www.chillesfordlodgeestate.co.uk

Ali Watson

COMMUNITY
Coffee & chat

Every Monday
(Excluding bank holidays)
at Orford Sports & Recreation Club



Between 1.00pm-3.00pm
Starting Mon 17th May

New to the area? Fed up with your own company?
Meet up with friends or come along and make new ones
Join us for a FREE tea or coffee and a friendly chat

ALL WELCOME

Pick up service available for Orford residents from
The Good Neighbour Scheme 01394 450235

In collaboration with Orford and Bawdsey Primary Schools

Rescheduled
1pm & 6pm
9th July

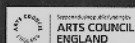
The
Marsh Demons of Iken

1st April 1pm, 3rd April 6pm St Bartholomew's Church Orford

Adults £7.50 Children £2.50

Tickets available from contact@tmef.org.uk

www.rustandstardustproductions.co.uk



01394 450235

We are currently offering the following services to the residents of Orford, Gedgrave and Sudbourne Hall:

- Friendship and companionship over the telephone
- Collection of medication
- Shopping
- For those hospitalised, dropping off items at the hospital
- Dog walking / feeding pets
- Form filling and help with technology over the telephone
- One-off garden tidy
- A healthy meal
- Transport to Covid-19 vaccination appointments
- Other activities as requested and agreed
- Provision of a personal care alarm with key safe, supported by the Orford & District Surgery Charitable Trust
- A Community Larder, **now including a book swap**, available round the clock in the entrance to the Kings Head car park.

We have now installed 8 personal care alarms in the village. If you are considering an alarm and would like to speak to someone who has recently got one please call us.