



**The newsletter for the community of Orford and Gedgrave**

**Issue No. 376 July 2023**

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Although published and funded by Orford and Gedgrave Parish Council and New Orford Town Trust, Village Voice is totally unbiased in its reporting.

The Council therefore holds no responsibility for its content except that submitted by and on behalf of the Council or Trust.

All copy must be received by midday on Thursday 20 July, preferably by email to:

orfordtrust@outlook.com or put through the Town Hall letterbox

Priority for inclusion is given to articles that are about or directly affect the community of Orford and Gedgrave and inclusion is subject to editing and availability of space. Contributors should be aware that this newsletter is published on the website of Orford and Gedgrave Parish Council and the New Orford Town Trust ([www.orfordparishandtrust.onesuffolk.net](http://www.orfordparishandtrust.onesuffolk.net))

**COPY DEADLINE FOR THE AUGUST ISSUE OF VILLAGE VOICE IS MIDDAY ON THURSDAY 20 JULY**

**NEW EMAIL ADDRESSES FOR PARISH COUNCIL AND NOTT**

New Orford Town Trust and Orford and Gedgrave Parish Council now have new email addresses. The Parish Clerk, Marie Backhouse, can now be reached on [orfordtownhall@outlook.com](mailto:orfordtownhall@outlook.com), and the Clerk to New Orford Town Trust, Kara Reed, can be contacted on [orfordtrust@outlook.com](mailto:orfordtrust@outlook.com). Articles for Village Voice should be sent to the Trust Clerk at the new address.

**ORFORD SPORTS & RECREATION CLUB**

Following on from the excellent turnout for the recent bike meet night, the next dates coming up, are Thursday 13 July and Thursday 10 August, from 6pm. Bar, BBQ and hopefully good weather (bike not essential.)

Friday nights are club nights, pool, darts, snooker, WI-FI, and interesting company.

Bingo night is on Friday 7 July from 8pm, so come and have a win.

Saturday 29 July, 70s, 80s and 90s Disco, 8 till 11.45pm, come and relive your boogie days, or attempt to!

And a date for your diary; wheels are in motion to organise another annual coach trip to Cambridge for club members. This will be Saturday 16 September. Keep a look out for more information over the coming weeks.

New memberships always welcome (and renewals too!)

**Mark Smy, Secretary, 450358**

**YOUR CHILDREN'S PAINTINGS**

The lovely paintings done by local children at the Orford Coronation Party are all varnished and laminated name tapes ready to be added when they are eventually hung.

At eighty-three years old I have become one of the Tottering Gently crowd, and that entails 'feeble of foot and rheumatic of shoulder' as my old school song so aptly puts it. I have tried to get help, but nowt came of it, so, if any of you Mums and Dads would be willing to help by forming a small team, then please let me know either by email as below, or dropping by 3 Munday Lane and discuss it with me.

Each needs small four holes drilled in the corners to enable the painting to be hung on to the existing garage fence.

Just to add here, the painting stall will be available at the Flower Show at the end of August. The subject will be about flowers and veggies. So Miss Rose Petal and Miss Carrot Top will be cheek by jowell with Mr and Mrs Spring-Onion and that great singing group, Geraniums Aloud.

If any of you fancy helping me in the day, then God Bless you!

**Jeremy Rugge-Price, [jeremyruggeprice@me.com](mailto:jeremyruggeprice@me.com)**

**ORFORD, SUDBOURNE & GEDGRAVE FLOWER SHOW & FETE – SATURDAY 26 AUGUST 2023**

As the summer weather finally arrives, arrangements for this year's Flower Show are well underway. The brochure will be available in early

**July dates for your diary**

- Each Monday (except bank holidays): Coffee and Chat - Orford Sports and Recreation Club, 10.30am-12.30pm
- Each Wednesday: chair pilates - Orford Sports and Recreation Club, 11am-12noon
- Each Monday and Wednesday: Methodist Chapel tea room, coffee, lunch, afternoon tea, 11am-4pm
- Each Wednesday: badminton - Orford Town Hall, 7pm
- Each Saturday: Orford Country Market - Orford Town Hall, 9.30am-1pm
- Sunday 23 July: car boot sale - Orford Recreation Ground, 9am-2pm

July from the Orford newspaper kiosk and the Orford Village shop as well as online at [www.orfordflowershow.org](http://www.orfordflowershow.org)

It is also that time of year where we ask for volunteers, both for setting things up on Friday 25 August, or manning the gates for a short period on the day, or helping out on some of the fun stalls that we set up, again on the day. Please contact Gary Wingrove at [orfordflowershow@gmail.com](mailto:orfordflowershow@gmail.com) or on 01394 459875 if you interested in helping, even if you are one of our regular volunteers.

**Become a Friend of the Flower Show**

As with everything the cost of putting on the show is increasing and while we do not charge an entry fee, we do ask for voluntary contributions, however the main funding for the Show is provided by the Friends of the Flower Show scheme.

Anyone can become a Friend of the Flower Show. We ask for a minimum contribution of £40 per person per annum, but there is no upper limit! Apart from knowing that you are helping to secure the future of the show and support local charities, you will be invited to the exclusive Friends reception and preview, where you will be able to wander the marquee before it is open to the general public, with a glass of fizz in hand, enjoy some excellent food, and debate the judges' decisions. You will also be invited to vote for the 'Best in Show' award.

If you would like to become a Friend of the Show contact us at [orfordflowershow@gmail.com](mailto:orfordflowershow@gmail.com)

**The Flower Show Committee**

**FLOWER SHOW REFRESHMENTS**

It's the time of year again when I ask for donations of cakes/biscuits etc for refreshments at the flower show. Donations can be dropped off at the Recreation Ground Pavillion on the morning of the show or the day before, or I can collect them from you. All money raised will go to the Recreation Ground Charity. Many thanks!

**Anne Macro, tel 450741**

## JULY AT ST BARTHOLOMEW'S CHURCH

All are warmly welcomed to join us at St Bartholomew's, Orford and our neighbouring churches for services in July

Sunday 2 July	9.30 am Sung Holy Communion Rev Giles Tulk
Sunday 9 July	11.00 am Holy Communion Rev Giles Tulk ( <i>note time change</i> )
Sunday 16 July	9.30 am Holy Communion BCP Rev Giles Tulk
Sunday 23 July	No service at Orford <i>Sudbourne Church Holy Communion at 9.30 am Rev Robin Alderson</i> <i>Chillesford Church Holy Communion BCP at 11.00 am Rev Giles Tulk</i>
Sunday 30 July	No service at Orford <i>Cluster Holy Communion at Tunstall at 10.00am (Please note new 10.00am start time for Cluster HC Service on fifth Sundays)</i>
Sunday 6 August	No 9.30am service at Orford. Join with Butley for the 11 am Holy Communion Rev Giles Tulk.

A CHURCH NEAR YOU WEBSITE [www.achurchnearyou.com](http://www.achurchnearyou.com) provides details of all church services and events in the local area. For further information contact the Team Rector: Rev Giles Tulk 01394 450610 [revgileswtr@gmail.com](mailto:revgileswtr@gmail.com)

**Rev Giles Tulk**

## JULY AT ORFORD METHODIST CHURCH

Sunday 2 July	10.30am Stephen Caley
Sunday 9 July	10.30am Cassey Jennings – Minister in Training
Sunday 16 July	10.30am Rev Stephen Yelland – Holy Communion
Sunday 23 July	10.30am Stephen Caley
Sunday 30 July	10.30am Stephen Caley

Children stay in church for the service with activities, often sharing in its theme. Refreshments are served afterwards. There's always a welcome to join with us.

The ever-popular chapel tea room continues to attract many and is open every Monday and Wednesday between 11am and 4pm. There's a great summer menu and plenty of arts and crafts for sale.

The 121st Anniversary of the opening of the present church building was celebrated on Sunday 4 June when members and friends, young and old, gathered for a special service followed by lunch. This was a very memorable day with everyone appreciative of the occasion.

THE 34th ANNUAL QUAY SERVICE will be held on Sunday 6 August at 6pm with the Bishop of Dunwich, Rev. Mike Harrison preaching. This year the service is supporting the RNLI. Do join with us. As usual refreshments will be available afterwards at the Methodist Church.

**Stephen Caley**

## BOOKS FOR CHURCH

Books are running low. If anyone has books to donate please place on or below the side pew in St Bartholomew's. Many thanks for your previous donations.

**Nicola Atchley**

## SUDBOURNE HALL CRICKET

As the weather warms and that cold Northerly wind finally abates, cricket at Sudbourne gathers momentum. Our Saturday league team have finally lifted themselves off the bottom of the league with successive victories, at home to Sudbury and away to Chappel and Wakes Colne. Individual performances worthy of note through June: Oli Nisbet 8 for 45 bowling v West Mersea, Ed Robson 70 v Sudbury and an outstanding 137 not out for Ashley Artaman v Chappel and Wakes Colne.

Our youth cricket has started! A major step forward for the club with 18 children attending the first Allstars and Dynamos session at the club in early June. It's a great hour for youngsters to learn a bit of cricket, parents are encouraged to come down and get involved, throw a few tennis balls, make some tea and eat some Oreo cookies! It's a fairly intense hour of activity and we run the sessions every two weeks on the days when the Saturday team have a home league game between 11am and 12 noon. It's fantastic having parents around and joining in, a real vibrant feel to a Saturday morning. July sessions 1, 15 and 29 July.

It's a busy month ahead with our annual Presidents Day on Sunday 16 July starting at 12 noon. Our league games are listed below (1pm start).

Saturday 1 July v Copford (home)
Saturday 8 July v Woolpit (away)
Sunday 16 July v Presidents XI
Saturday 2 July v Yoxford (away)
Saturday 29 July v Copdock (home)

Our ground is in a fantastic location in Sudbourne Park. Please feel free to pop down and see us.

You'll find further club details on [sudbournehallcc.com](http://sudbournehallcc.com)

**Andy Halliday**

## TMEF EVENT NOT TO BE MISSED!

Important date for your diaries... Sunday 23 July 2023 is your chance to de-clutter your possessions and find unique bargains! It's a car boot sale, organised by the Thomas Marshall Education Fund (TMEF), and will be held on the Orford Recreation Ground in Munday's Lane Orford, IP12 2LX. Set up is from 8am with gates open to the public from 9am until 2pm. There will be refreshments served by the TMEF trustees throughout. Car boot pitches are £10, and there is free entry to the public. Spaces are limited so to book a space please email [contact@tmef.org.uk](mailto:contact@tmef.org.uk) or contact 07745 433267.

TMEF's Trustees are very grateful to the Orford and Gedgrave Parish Council and the Orford Sports and Recreation Club for their kind permission to use their premises. Funds raised are used to advance the education, training and life skills of the young people of rural Mozambique to enable them to make a sustainable living and provide active support within their communities.

We look forward to seeing you on Sunday 23 July 2023

[www.tmef.org.uk/](http://www.tmef.org.uk/)

**Katherine Silver-Murphy**, TMEF Trustee

## NEWS FROM ORFORD MUSEUM

### Exciting new exhibition in Orford Museum and our Autumn History Talks

We are delighted to announce that we have been offered the opportunity to exhibit the Barrow Collection of Celtic ironwork in our some of our cases in Orford Castle. These beautiful objects have been loaned by a local private collector and we are grateful for his generosity. The exhibition will be available to visitors to Orford Castle from August bank holiday and will stay there for the following three months and we hope that many Orford residents will want to visit it. There will be a Private View for the Friends of Orford Museum on Wednesday 23 August from 5pm to 6pm though, of course, Friends of Orford Museum have free access to the Castle and the Museum whenever the Castle is open. If you would like to join the Friends, please email [info@orfordmuseum.org.uk](mailto:info@orfordmuseum.org.uk). Dr. Noël Adams, who has written a wonderful book about this collection entitled *The Celtic Spirit*, will give an associated talk at Butley Priory on Thursday 21 September 2023. The talk will start at 6pm and tickets cost £15 for Friends of Orford Museum and £18 for non-members. This includes a complimentary glass of wine which will be available from 5.30pm.

For our second talk for Autumn 2023, we are very pleased to welcome back Professor Mark Bailey who gave one of the most popular talks at our History Festival in March on the effects of the Black Death on this area in the fourteenth century. He is returning to Butley Priory on Thursday 5 October 2023 to talk about the evolution of the Suffolk coast and its ports during the period 1200 to 1600. Booking details and timing are as above.

You can also find all this information on our new website at [www.orfordmuseum.org](http://www.orfordmuseum.org) together with anything else you might want to know about Orford Museum including our history, publications, information about how to join the Friends and advance information about events we are planning for Winter 2023 and Spring 2024.

**Elizabeth Spinney**

## ORFORD AND DISTRICT GARDENING CLUB

Our next event: Thursday 14 September: Penny Robertson of Suffolk Coastal Beekeeping Association – 'Helping Bees'.

It has taken us some time to secure Penny as a very experienced and knowledgeable person to talk to us about bees of all types and how we can help them.

17 May: Private trip to Orfordness to see the Flora and Fauna. This was organised at the last-minute owing to the cancellation of our planned visit. We travelled in the NT trailer and walked as well in order to see parts of the Ness which would not usually be open to the public. We were able to go in the area where the Marsh Harriers nest too. We saw many hares, Chinese Water Deer and even a Spoonbill! Also, we identified quite a few plants which our tour guides hadn't known...

8 June: Thursday Open Garden – The Old Rectory Orford

Over 40 of us enjoyed a wonderful garden party at the Old Rectory thanks to Tim and Lizzie Farghar who shared not only their exquisite planting but the long history of their garden, originally owned by Lizzie's family and developed to incorporate sculptures by Barbara Hepworth and Henry Moore at the end of the 1950s. It has definitely stood the test of time with some very unusual plants and more contemporary adaptations. Our plant stall raised £50 for Perennial, the gardeners' charity. Many new members joined us and we hope this trend will continue...

New members are welcome all the year round so do contact me. Half price now at £7.50.

Please do also just come along to a Town Hall Event for a £5 donation if one of them captures your interest.

*Still to come in 2023...*

- Thursday 5 October: Thursday evening – Lou Nicholls of Godinton Gardens in Kent – 'The Winter Garden'
  - Saturday 18 November: Saturday afternoon and includes afternoon tea – Xa Tollemache of Helmingham Hall – 'A garden well placed, A designer's harmony between house and garden.' OPEN EVENT Tickets on sale in the Autumn.
  - Thursday 7 December: AGM and social supper – always great fun!
- Polly Sharkey** (Chair), [creativefutures98@btinternet.com](mailto:creativefutures98@btinternet.com), 01394 450959

### **AUTUMN BALL – SATURDAY 28 OCTOBER**

The Orford and Gedgrave Village Events Committee is delighted to announce that we will be holding an Autumn Ball on Saturday 28 October at Orford Town Hall.

Three-course dinner • Half a bottle of wine • Live Music from Jess and The Honeymooners • Bar  
Dress to Impress

Tickets are £65 per head and available from Ian Ballantine at The King's Head. Numbers are limited so booking early is strongly advised. You can book a table of eight or ten or as individuals.

We do hope that you can join us for an evening of food, music, drink and fun.

**The Village Events Committee**

### **ORFORD OPEN GARDENS 2023 – THANK YOU**

Open Gardens returned to Orford this year on Sunday 28 May, a bright, breezy day. Ten beautiful private gardens around Orford were open to visitors, who could also discover the guerrilla garden behind Bart's Hall, enjoy refreshments in church, browse at the plant sale kindly hosted at the Great House and try their luck in the raffle for a first prize £100 National Garden Gift voucher. With over 250 visitors from Orford and further afield, the event raised £2,120 for St. Bartholomew's church. The raffle was won by a visiting family.

Thank you so much to the garden owners who generously opened their gardens and worked hard to present them in lovely condition. Warm thanks also to everyone else involved in the arrangements for the day, including artwork, publicity, baking cakes, and working on the tickets, raffle, refreshments and plant stalls. A true team effort that ensured that the day was a success with fantastic positive feedback from visitors.

Looking ahead, if you are interested in opening your garden for the first time in future, please contact Libby on 0771 341 3494.

**Libby Archer**

### **T4THOMAS 2023**

We were blessed yet again with lovely weather for T4Thomas which was held on 4 June. Warm sunshine and blue skies after days of grey cloud and cool temperatures. We did have a bit of a challenge though with the persistent high winds and ensuring that the marquee and gazebos stayed put! However, we were not always so successful with the odd glass of wine toppling over and salad leaves flying off the plates! But this did not deter the numerous friends and visitors who came and supported our main annual TMEF event.

Trying to choose between the 19 different delicious cakes we had to offer, or which lunch light to have, was another challenge in itself! All going to help raise just over an amazing £3300.

So a huge thank you to everyone who came, helped and supported us in any way. Thank you also to Pump Street Bakery, High House Farm and The King's Head for your generous contributions.

What a difference this amount will make to improving the lives of so many young orphans and students in rural Mozambique that TMEF helps support.

Thank you again.

**Wendy and Guy Marshall**

### **RUST & STARDUST RETURN TO ORFORD**

In March 2016 with funding from the Orford Business Association and others, a fledgling theatre company, Rust & Stardust, brought *The Wild Man of Orford* to life in Orford Church and provided puppet workshops for Orford School in Orford Castle.

Following the success of *The Wild Man*, the company returned in April 2017 with *The Green Children of Woolpit*. This visit included a free workshop for children on the morning before the evening performance. In April 2018 they included children from Orford School in their perfor-

mances of *Black Shuck* with the children's own puppets made under instruction from Rust & Stardust as part of the school's inclusion of the Arts Award Scheme in their curriculum.

In July 2021, after being delayed by Covid, the company again worked with the Orford School children to produce puppets to be included in a performance of *The Marsh Demons of Iken*.

Comments received following the previous projects with Orford School include:

*'What a wonderful opportunity for the school children to be able to participate alongside professional puppeteers.'*

*'My daughter jumped at the chance to watch Rust and Stardust again, she enjoyed working with them so much.'*

*'Amazing seeing the actors use the whole of the building so effectively. My favourite memory is of the children when they mimicked bird flight, it really felt like air rushing past wings.'*

*'Lots of special moments, and a great opportunity for Orford kids and great use of the building.'*

*'Heartening to see the more confident children helping and encouraging the less confident ones.'*

This year around one hundred proud parents and lucky residents and visitors were treated to two outstanding performances of *The Knucker of Knodishall* in Orford Town Hall with Rust & Stardust and an enthusiastic and talented bunch of children from Orford School.

Acting Head, Gemma Cannon said: 'Taking part in the Rust & Stardust project is a hugely valuable experience for our children. They are geographically and socially isolated: many have never experienced going to the theatre, let alone being able to meet professionals in the industry and take part in a performance. The opportunity to achieve their Arts Award alongside enables them to attain something concrete they can be proud of and use as a springboard for future projects; they wouldn't normally be exposed to this as we do not have the expertise in school. Some of our children can be reserved and quiet too - Rust & Stardust help build self-esteem and confidence: all skills they take with them through life.'

Discussions have started to bring the company back in 2025 with a rerun of *The Wild Man of Orford*, this time with the school children as part of the ensemble.

The costs of these projects over the years have been covered by various grants from Arts Council England, New Orford Town Trust and local businesses plus generous donations and sponsorship. All ticket receipts are used by Thomas Marshall Education Fund to support the young people of Mozambique to enable them to make a sustainable living and support their communities.

**Roger Hipwell**, Trustee, Thomas Marshall Education Fund, [tmeff.org.uk](http://tmeff.org.uk)

### **REVIEW: THE KNUCKER OF KNODISHALL**

Adding to your vocabulary is but one tiny benefit of the latest collaboration between the drama company Rust & Stardust and the pupils of Orford Primary School. In the production of *The Knucker of Knodishall* staged in Orford Town Hall, we learnt that a knucker is a sort of water dragon. Who knew?

Rust & Stardust have many strings to their bow – they are actors, puppeteers, musicians and writers. Their work with Orford School pupils was all about readying our children for the production, giving them skills and confidence they didn't know they had.

In advance of the show, the children worked with the company to make their own magical birds puppets and learn to 'work' them. The children acted, sang, and worked on the choreography. They were trained up to be the Ensemble supporting the 4 adult actors.

The result was a delight. On a warm evening we, the audience, were plunged into another time where the goodies and the baddies and the magnificent Knucker puppet entranced us. The Ensemble blended with the professional actors. The audience were encouraged to sing and shout. It was a proper let your hair down kind of event.

Many of the adults present must have wished they'd had the chance to be part of such an event. But how was it for the children who did participate (for whom this is part of an Arts Award scheme)? Apart from saying what a ball they'd had, one of the Orford crew said 'I have always been shy, this has given me so much confidence'.

So thank you Rust & Stardust for bringing some magic to town and more thanks to The Thomas Marshall Education Fund and all of the local sponsors who made this happen for our children.

**Jill Broome**

## JULY UPDATE FROM THE PENINSULA PRACTICE

DAY	ALDERTON	ORFORD	ALDEBURGH
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30
Wednesday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30
Thursday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30
Friday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30

Wednesday 12 July from 1pm: staff training. Alderton surgery will be open for booking future appointments, and the dispensary will be open for collections. Aldeburgh and Orford surgeries will be closed.  
All calls will continue to be redirected to 111 for this afternoon.

*We offer an increasingly wide range of NHS services to our patients:*

Memory checks (if worried about dementia) • Menopause management • Paramedic appointments • Same-day physiotherapy for acute musculoskeletal symptoms • Ultrasound (by referral) • Single skin lesion clinic • Mental health and wellbeing support • Insomnia support - SleepStation (a bespoke programme) • Travel health • Social prescriber – support for non-clinical health and wellbeing needs • Compassionate Companion service – to support end of life choices and care • Full contraception services (eg coils) and sexual health

*Also available at our practice are non-NHS services (charged):*

Chiropody – foot care appointments & home visits

Ear care – wax removal (see website)

*Congratulations to Dr Shahabi for becoming Partner at Peninsula Practice!*

We are delighted to announce that Dr Jafar Shahabi is now a GP partner at Peninsula Practice. Dr Shahabi joined the practice as a trainee, then gained experience in Ipswich before returning to his favourite practice as a salaried GP in 2021.

*Flu vaccines*

We are busy organising for the upcoming flu season; we will be holding clinics at Hollesley Village Hall, Aldeburgh Old Generator Station and Orford Surgery. We will share details including dates, times and eligibility criteria will come next month.

*Please contact us as soon as you are unable to attend an appointment*

In the first 3 months of 2023, the equivalent of a working week's worth of appointments were missed. This is valuable time – these appointments would have been given to others if they had been cancelled by the patients in advance.

**[www.thepeninsulappractice.co.uk](http://www.thepeninsulappractice.co.uk) or 01394 411641**

<https://www.facebook.com/ThePeninsulaPracticeGPSurgery/>

► **THOMAS  
MARSHALL  
EDUCATION  
FUND**

Supporting Secondary & Tertiary Education in Mozambique



# ORFORD CAR BOOT SALE Sunday 23<sup>rd</sup> July



**Orford Recreation Ground**  
Munday's Lane  
Orford  
IP12 2LU

Pitches - Cars £10.00 Vans £15.00  
(Limited availability)  
To book contact 07745433267  
or [contact@tmef.org.uk](mailto:contact@tmef.org.uk)

Refreshments available  
Gates open at 8.00am for setup 9.00am for public access



01394 450235

We can help with any of the following:

- Friendship and companionship
- Collection of medication
- Shopping
- Dog walking / feeding pets
- Form filling and help with technology
- One-off garden tidy
- Minor household repairs
- A healthy meal
- Transport to hospital and GP appointments
- Provision of a personal care alarm and key safe
- A Community Larder located in the entrance to the Kings Head car park
- Weekly trip to Woodbridge (£2 charge)
- Support for anyone who is impacted by a scam
- Monday Coffee & Chat and Friday Soup
- Other activities as requested and agreed

**Thank you** to the following local organisations who support us: The King's Head; Orford & District Surgery CIO; Orford General Stores, Orford Sports & Recreation Club; New Orford Town Trust; Pump Street Bakery; Saint Bartholomew Church