



The newsletter for the community of Orford and Gedgrave

Issue No. 383 February 2024

Edited by: James Kennedy and NOTT Clerk **Published by:** Orford and Gedgrave Parish Council and New Orford Town Trust **Printed by:** Leiston Press Ltd

Although published and funded by Orford and Gedgrave Parish Council and New Orford Town Trust, Village Voice is totally unbiased in its reporting.

The Council therefore holds no responsibility for its content except that submitted by and on behalf of the Council or Trust.

All copy must be received by midday on Thursday 22 February 2024, preferably by email to:

orfordtrust@outlook.com or put through the Town Hall letterbox

Priority for inclusion is given to articles that are about or directly affect the community of Orford and Gedgrave and inclusion is subject to editing and availability of space. Contributors should be aware that this newsletter is published on the website of Orford and Gedgrave Parish Council and the New Orford Town Trust (www.orfordparishandtrust.onesuffolk.net)

COPY DEADLINE FOR THE MARCH ISSUE OF VILLAGE VOICE IS MIDDAY ON THURSDAY 22 FEBRUARY 2024

8 TOWN FARM ESTATE

The social housing provider which owns 8 Town Farm Estate is looking to put the property onto the market but having listened to the Parish Council's concerns, the first month's marketing will be restricted solely to applicants that can demonstrate strong connections to Orford or Gedgrave. Hopefully this period should allow local applicants enough time to carry out investigations and seek advice. It is likely that applicants will need to demonstrate their ability to proceed, with the vendor's agent asking for evidence of a suitable deposit and a mortgage offer in principle before any decisions are made about offers.

Orford and Gedgrave Parish Council does not have much information at the moment, but please check the Town Hall notice board and/or the Orford and Gedgrave Parish Council website for updates (www.orfordparishandtrust.onesuffolk.net), which we will put up as soon as we have any further information.

In the meantime, the vendor has requested interested parties go via the vendor's agent only. More details will be provided once we have them, but if you would like to talk to the Parish Council in complete confidence please contact the Clerk to Orford and Gedgrave Parish Council (details below).

Marie Backhouse, Clerk to Orford and Gedgrave Parish Council, orfordtownhall@outlook.com, tel 459172

FROM ORFORD AND GEDGRAVE PARISH COUNCIL

Gritting

As you will be aware the village has many grit bins sited around some of the junctions. If anyone would be prepared to volunteer to spread some grit when the weather requires it, could they please let the Parish Clerk know, so they can be added to the list of volunteers. Thank you.

Emergency Group

The Emergency Group will be holding a meeting on Friday 9 February at 7pm in the New Room of the Town Hall, if anyone wishes to attend or even volunteer to join the group. Hope to see some of you there.

Marie Backhouse, Clerk to Orford and Gedgrave Parish Council

ORFORD SCHOOL LEAGUE OF FRIENDS

After a great 2023 we ended with a fabulous Christmas Fair at the school on 18 December. We want to thank all those who donated

Dates for your diary

- Each Monday: badminton - Orford Town Hall - 10am-12noon
- Each Monday (except bank holidays): Coffee and Chat - Orford Sports and Recreation Club, 10.30am-12.30pm
- Each Monday and Wednesday: Methodist Chapel tea room, lunch, 11am-2pm
- Each Wednesday: chair pilates - Orford Sports and Recreation Club, 11am-12noon
- Each Wednesday: badminton - 7-9pm
- Each Friday: pickleball - Orford Town Hall, 10am-12noon
- Each Saturday: Orford Country Market - Orford Town Hall, 9.30am-1pm
- Tuesday 6 February: Orford Museum talk - Butley Priory, 6pm
- Friday 23 February: Talks for Thomas - Orford Town Hall (please note venue change), 6.30pm for 7pm

wonderful raffle prizes: Pump Street Bakery, The King's Head, Butley Priory, and for all the wonderful prizes left in the school reception. Plus a big thank you to Orford General Store for their great raffle Christmas cracker.

We are so grateful for the support of the community of our wonderful school, it is greatly appreciated. We look forward to seeing you all at our next event, the Easter Egg Hunt on Easter Saturday. On behalf of OSLOF, Miss Cannon and her team, may this year be a happy and prosperous year for you all.

Daisy Fellowes

FRIDAY SOUP AT ST BART'S HALL 12.30-2pm

All are welcome to join us for a simple soup lunch followed by coffee and cake. There is no charge, but donations are welcome.

For further information contact Caroline Gill 07799 655825.

Caroline Gill

TALKS FOR THOMAS IN AID OF THE THOMAS MARSHALL EDUCATION FUND – STOP PRESS

Due to high demand, the talk 'Bombs, Bullets and Banter' by Andy Halliday on Friday 23 February will now be held in the Town Hall.

Please book your tickets (£10) in advance from Wendy Marshall on 01394 450090 or email contact@tmef.org.uk. Spaces are limited at the venue and we don't want to disappoint!

Katherine Silver-Murphy

ORFORD AND DISTRICT GARDENING CLUB

Our Next Event: 'Flavours of Husk – pickling, preserving and fermenting the Suffolk Seasons'

Thursday 8 February 2024 7.30pm Orford Town Hall

Joey O'Hare and Katy Taylor moved to Suffolk almost three years ago and set up Husk – a Supper Club, farmstead and eco retreat in rural Suffolk. Husk's food is directly inspired by the immediate landscape – local game, foraged flavours, fermented and pickled and preserved fruits from the farmstead, eggs from their flock and seasonal herbs and vegetables grown in the kitchen garden. Their talk will cover who they are, their business ethos and how they work with the seasons to create menus with particular focus on pickling, preserving and fermenting. They will also discuss seasonality, touch base on foraging and champion the wonderful Suffolk produce we have on our doorstep. A short talk followed by tastings, opportunity to chat with Katy and Joey and the chance to buy some of their produce.

'Reviving Cedric Morris's Garden at Benton End'

At our first meeting of the year James Horner, Head Gardener spoke about his project leading the revival of Cedric Morris' garden in Hadleigh, Suffolk. Many of us visited last year when he was appointed and almost fifty members, guests and new members came to hear how he was getting on. He said he felt we had a special relationship with them because of our early and continued support.

He spoke of what he had found to date and how they were reclaiming many of the plants distributed by his estate when Cedric died. He was very generous with his plants including giving them to Beth Chatto. Sarah Price who developed an award-winning Chelsea Garden, including Benton Irises will be working with James on the design of Benton End's future garden. We've booked a return visit for 2025!

Now is the time to join: £15 for the full year or £5 as a guest at an event.

Coming in 2024:

- 16 March Jon Mason 'Creating a Wild Garden at Little Orchard'
- 27 March Spring Visit to the Old Rectory, Orford

Polly Sharkey (Chair), *creativefutures98@btinternet.com*, 01394 450959

ORFORD MUSEUM FORTHCOMING EVENTS FOR SPRING 2024 AT BUTLEY PRIORY

On Tuesday 6 February 2024, David Warren will give a talk entitled 'A Personal sixty-year Journey on Orford Ness'. David will explain his connection with Orford Ness from when he spent four years there as a Scientific Assistant going on to become a National Trust volunteer Ranger and, later, an independent military researcher. His long-lasting affinity with the Ness increased during his time spent at Aldermaston. As a volunteer, David led a National Trust programme to find and record the memories of Orford Ness 'Veterans'. The facts and memories shared by fifty-five Vets motivated him and other volunteers to work on acquiring and adding new information to that already published by the National Trust. David's talk will include an overview of the vast range of military technologies that were carried out on the Ness, together with an explanation of the various projects newly discovered by independent researchers – now branded as IRGON. It will also demonstrate IRGON's use of CGI intended to give the public 'virtual tours' of the Ness and the interior of its many iconic structures.

Analysis of the Vets' recordings by a Framlingham-born, Canadian Sociology Professor in his academic work on 'Secrecy' will be explained, as will the boost given to research by AWE Aldermaston supplying 850 declassified files.

On Thursday 14 March 2024, Philip Wise, archaeologist, historian, Fellow of the Society of Antiquities of London, an Associate member of the Museums Association and of the Chartered Institute for Archaeologists and Heritage Manager at Colchester & Ipswich Museums will talk about ***The Fenwick Treasure*** – a hoard of Roman gold buried during the Boudican

revolt and discovered in Colchester in 2014 on the site of the Fenwick department store on Colchester High Street.

All talks start at 6pm and last about an hour and a half. Tickets cost £16 for Friends of Orford Museum, £18 for guests and include a complimentary glass of wine.

To book tickets for these talks, please go to our website at www.orfordmuseum.org.uk or contact our Treasurer at info@orfordmuseum.org.uk.

Elizabeth Spinney, *Chairman, Orford Museum*

FEBRUARY AT ST BARTHOLOMEW'S CHURCH

All are warmly welcomed to join us at St Bartholomew's, Orford and our neighbouring churches for:

Sunday 4 February	9.30am, Orford Sung Holy Communion, Rev Giles Tulk
Sunday 11 February	11am, all-age Holy Communion and Baptism, Rev Giles Tulk
Sunday 18 February	6pm, Lent Choral Evensong with choir and organ featuring works by Byrd, Gibbons and Purcell

A CHURCH NEAR YOU WEBSITE www.achurchnearyou.com provides details of all church services and events in the local area. For further information contact the Team Rector: Rev Giles Tulk 01394 450610 revgileswtr@gmail.com

Looking ahead

- Saturday 2 March 2024, Friends of St Bartholomew's Quiz Night and Supper in the Town Hall. Graeme Kay Quizmaster. Tables of 8. Tickets £22.50 available from Caroline Gill 07799 655825, caroline@tropic.org.uk

Rev Giles Tulk

FEBRUARY AT ORFORD METHODIST CHURCH

Sunday 4 February	10.30am Stephen Caley – lunch follows
Sunday 11 February	10.30am Pam Caley
Sunday 18 February	First in Lent 10.30am Rev Saul Tadzaushe – Communion
Sunday 25 February	10.30am Service arranged locally

There is always a welcome for anyone to join with us. Children are welcome too and usually stay in the service with their own activity and participation. Refreshments are served afterwards. On the first Sunday of the month lunch follows the service and is open to all.

The CHAPEL TEA ROOM is open every Monday and Wednesday, winter time from 11am–2pm – we have a lovely warm room and a great menu for coffee, warming winter lunch and tea. You don't need to book – just come along and enjoy. On Monday 12 and Wednesday 14 February we will be serving tasty PANCAKES!

We couldn't quite reach the heights of the Christmas Day 'Dr Who' programme on TV – but our Dr Who Nativity, just before Christmas, came a close second. Complete with a blue Tardis, we were 'spell bound' to watch a cast of several bring us this exciting visit to the Angel Gabriel. The story line was written by 10-year-old Ellen (with a little help), with audience/congregation participation waving changing colour LED glow sticks. Complimentary carols were sung and 'the message' well received. Many thanks to cast and audience.

The midweek anticipated Christmas Lunch was a great success, serving traditional fayre to several friends and visitors – thank you to the kitchen and waiting staff.

Happy New Year to you all

Stephen Caley

FEBRUARY UPDATE FROM THE PENINSULA PRACTICE

DAY	ALDERTON	ORFORD	ALDEBURGH
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30
Wednesday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30
Thursday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30
Friday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30

Staff training is important for our practice. On the following days, surgery sites are closed from 13:00 until the following day. The specified site is open for booking future appointments and accessing repeat prescriptions.

Thursday 8 February 2024 – Alderton • Wednesday 6 March - Aldeburgh

All calls will be redirected to 111.

We offer an increasingly wide range of NHS services to our patients:

Memory checks (if worried about dementia) • Menopause management • Paramedic appointments • Same day physiotherapy for acute musculoskeletal symptoms • Ultrasound (by referral) • Single skin lesion clinic • Mental health and wellbeing support • Insomnia support - SleepStation (a bespoke programme) • Travel health • Social prescriber – support for non-clinical health and wellbeing needs • Compassionate Companion service – to support end of life choices and care • Full contraception services (eg coils) and sexual health

Also available at our practice are non-NHS services (charged):

Chiropody – foot care appointments & home visits • Ear care – wax removal (see website)

Healthy you

Health check-ups are available from Peninsula Practice, allowing you to have a discussion with a clinician about your health and concerns that you may have. This can include lifestyle, health checks such as blood pressure, and mental health discussions as well. Make an appointment with us in advance by contacting the surgery by phone or online.

Menopause – Tuesday 20 February 2024, 7:30pm

On Tuesday 20 February 2024 at 7:30pm, Dr Crockett will be holding a Menopause information webinar. Involving a presentation followed by open questions, it is open to everybody; male or female, patient of Peninsula practice or not, pre-, during- or post-menopause.

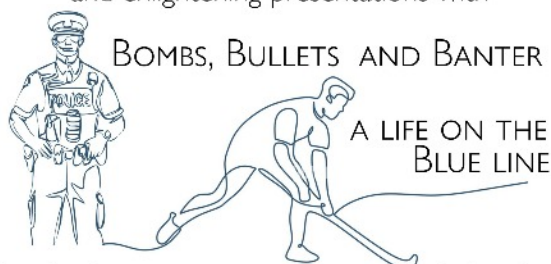
You can join anonymously – no camera or mic is required, and you can add any questions or comments in the chat which will be answered by Dr Crockett during the session.

We have a webpage on the menopause on our website, which is updated regularly: www.thepeninsulapractice.co.uk/menopause. To join on the date, please enter the following information into Zoom: Meeting ID: 863 7967 1067, Passcode: 993730

► THOMAS ► MARSHALL ► EDUCATION ► FUND

TALKS FOR THOMAS

Thomas Marshall Education Fund is delighted to host the fifth of a programme of entertaining and enlightening presentations with



After a front line career in two very diverse roles on high performing teams, Andy Halliday draws on the 'painful privilege' of thirty years in the Met, alongside a career in international hockey as an athlete and coach. He now reflects openly and candidly on his unique experiences. From the despair of the events surrounding 7/7 to the joy of working with Team GB at the London Olympics, he has a story that encapsulates the best and the worst of life at the sharp end.

Friday 23rd February 2024
Barts Hall Broad Street Orford

The evening starts at 6.30pm with wine and nibbles.

The talk will begin at 7.00pm
and the evening will finish around 8.00pm

Tickets £10

Contact Wendy Marshall 01394 450090 or contact@tmef.org.uk to book



The Friends of St Bartholomew's Church

Invite you to their 2024 Quiz Night and Supper

At Orford Town Hall on Saturday March 2nd

Doors open 6.30pm quiz starts approx 7pm.

Quizmaster Graeme Kay

Table prizes ~ Raffle ~ Bar

Ticket £22.50 pp to include a two course supper

with local venison cottage pie or veggie option

Join a table or make up your own table of 8

For further information or to buy tickets contact

Caroline Gill Telephone 07799 655825

Email caroline@tropic.org.uk

The Friends of St Bartholomew's Church Orford (Registered Charity number 1194884)

will receive all profits from the evening



01394 450235

We can help with any of the following:

- Friendship and companionship
- Collection of medication
- Shopping
- Dog walking / feeding pets
- Form filling and help with technology
- One-off garden tidy
- Minor household repairs
- A healthy meal
- Transport to hospital and GP appointments
- Provision of a personal care alarm and key safe
- A Community Larder located in the entrance to the King's Head car park
- Weekly trip to Woodbridge (£2 charge)
- Support for anyone who is impacted by a scam
- Monday Coffee & Chat
- Other activities as requested and agreed

Thank you to the following local organisations who support us: The King's Head; Orford & District Surgery CIO; Orford General Stores, Orford Sports & Recreation Club; New Orford Town Trust; Pump Street Bakery; St Bartholomew's Church