



The newsletter for the community of Orford and Gedgrave

Issue No. 377 August 2023

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The Council therefore holds no responsibility for its content except that submitted by and on behalf of the Council or Trust.

All copy must be received by midday on Thursday 17 August, preferably by email to:

orfordtrust@outlook.com or put through the Town Hall letterbox

Priority for inclusion is given to articles that are about or directly affect the community of Orford and Gedgrave and inclusion is subject to editing and availability of space. Contributors should be aware that this newsletter is published on the website of Orford and Gedgrave Parish Council and the New Orford Town Trust (www.orfordparishandtrust.onesuffolk.net)

COPY DEADLINE FOR THE SEPTEMBER ISSUE OF VILLAGE VOICE IS MIDDAY ON THURSDAY 17 AUGUST

VILLAGE FEAST

The Village Feast is going ahead on the evening of Saturday 26 August 2023, in the Market Square. There will be an outside bar, live music and BBQ. The band, 3eyedfiish, will start to play at 7pm and finish at 10pm. The bar and BBQ will be selling from 6.30pm. If you would like to bring your own picnic, please feel free, and please bring a chair if you can. A fun evening should be had by all.

Marie Backhouse, Clerk to Orford and Gedgrave Parish Council, 459172, orfordtownhall@outlook.com

FLOWER SHOW REFRESHMENTS

It's the time of year again when I ask for donations of cakes/biscuits etc for refreshments at the flower show on Saturday 26 August. Donations can be dropped off at the Recreation Ground Pavillion on the morning of the show or the day before, or I can collect them from you. All money raised will go to the Recreation Ground Charity. Many thanks!

Anne Macro, tel 450741

ORFORD SPORTS & RECREATION CLUB

Saturday 16 September, members coach trip to Cambridge, at no additional cost. 1 x membership, 1 seat, on a first come, first served basis. Leaves school at 9.30am, leaving Cambridge at 8pm.

This is a day out funded by the club, to thank members for their support. To register your interest, please contact Sam Davis on 07887 540678.

- Saturday 29 July, 80s and 90s Disco night, 8pm onwards, come and support the club and have a great time.
- Thursday 10 August, Bike Meet Night from 6pm, bar, BBQ available (bike non-essential).

Also keep an eye on the board for Bingo and other forthcoming future events.

Mark Smy, Secretary, 450358

ORFORD, SUDBOURNE & GEDGRAVE FLOWER SHOW & FETE – SATURDAY 26 AUGUST 2023

Arrangements for this year's Flower Show are well underway. The brochure is available now from the Orford newspaper kiosk and the Orford Village shop as well as online at www.orfordflowershow.org

August dates for your diary

- Each Monday (except bank holidays): Coffee and Chat - Orford Sports and Recreation Club, 10.30am-12.30pm
- Each Wednesday: chair pilates - Orford Sports and Recreation Club, 11am-12noon
- Each Monday and Wednesday: Methodist Chapel tea room, lunch, 11am-4pm
- Each Wednesday: badminton - Orford Town Hall, 7pm
- Each Saturday: Orford Country Market - Orford Town Hall, 9.30am-1pm
- Sunday 6 August: Annual Quay Service - Orford Quay, 6pm
- Saturday 12 August: Orford Fest Music and Food Festival - Orford Recreation Ground, 2-8pm
- Saturday 26 August: Orford, Sudbourne and Gedgrave Flower Show and Fete - Orford Recreation Ground, 1.30pm
- Saturday 26 August: Village Feast - Market Square, bar and BBQ from 6.30pm
- Sunday 27 August: Teddy Bear parachute jump - St Bartholomew's Church, 2.30pm

It is also that time of year where we ask for volunteers, both for setting things up on Friday 25 August, or manning the gates for a short period on the day, or helping out on some of the fun stalls that we set up, again on the day. Please contact Gary Wingrove at orfordflowershow@gmail.com or on 01394 459875 if you interested in helping, even if you are one of our regular volunteers.

Become a Friend of the Flower Show

As with everything the cost of putting on the Show is increasing and while we do not charge an entry fee, we do ask for voluntary contributions, however the main funding for the Show is provided by the Friends of the Flower Show scheme.

Anyone can become a Friend of the Flower Show. We ask for a minimum contribution of £40 per person per annum, but there is no upper limit! Apart from knowing that you are helping to secure the future of the show and support local charities, you will be invited to the exclusive Friends reception and preview, where you will be able to wander the marquee before it is open to the general public, with a glass of fizz in hand, enjoy some excellent food, and debate the judges decisions. You will also be invited to vote for the 'Best in Show' award.

If you would like to become a Friend of the Show contact us at orfordflowershow@gmail.com

The Flower Show Committee

AUGUST AT ST BARTHOLOMEW'S CHURCH

All are warmly welcomed to join us for services in August. Please note that this month local congregations will be joining together to worship at a different church each Sunday.

Sunday 6 August	Holy Communion 11.00am, Butley
Sunday 13 August	Holy Communion 9.30am, Iken
Sunday 20 August	BCP Holy Communion 9.30am, Orford
Sunday 27 August	Holy Communion 9.30am Sudbourne
Sunday 3 September	Sung Holy Communion 9.30am, Orford

A CHURCH NEAR YOU WEBSITE www.achurchnearyou.com provides details of all church services and events in the local area. For further information contact the Team Rector: Rev Giles Tulk 01394 450610 revgileswtr@gmail.com

Events in Church

Sunday 27 August: Teddy Bear Parachute Jump, 2.30pm

Start preparing your brave teddies for this popular event. Teddies will pay a small donation to jump off the church tower roof. Full bear first aid available. Tea and cakes for sale.

Rev Giles Tulk

AUGUST AT ORFORD METHODIST CHURCH

Sunday 6 August	10.30am Stephen Caley
Sunday 13 August	10.30am Rev Abe Konadu-Yiadom
Sunday 20 August	10.30am Rev Saul Tadzaushe – Holy Communion

Sunday 27 August 10.30am Stephen Caley

Children stay in church for the service with their own activity. Refreshments served afterwards.

CHAPEL TEA ROOM open every Monday and Wednesday 11am–4pm. A great way to relax and enjoy the summer menu. Tables inside and out. Plenty of art, crafts, preserves and cards available too!

JUNIOR MISSIONS – there will be a stall and tombola throughout the school holidays on the days the Tea Room is open – come along and support our young people.

34th ANNUAL QUAY SERVICE, SUNDAY 6 AUGUST at 6pm – With the Bishop of Dunwich Rev. Mike Harrison – Music by The Suffolk Phoenix Band – Collection SUPPORTING THE RNLI.

Stephen Caley

SUDBOURNE HALL CRICKET

Players, friends and supporters enjoyed an excellent Presidents Day in mid-July. Always the social highlight of the club calendar, an excellent day of cricket, socialising and lovely fodder. The Presidents team organised by Sir Edward Greenwell and his wife Clare who also supplies an excellent spread with lunch between innings and tea afterwards. For the record, it was a first win for the Presidents XI in 4 years reaching 147 for 4 off 33 overs in reply to the Sudbourne total of 146 for 9 off 35. The backbone of both innings were fifties for Presidents skipper Francis Mann and Sudbourne's Ian Foll.

Between the innings we were also able to make presentations and thank Mike Woollard (former Chairman) and David Foreman (former treasurer) for their excellent contributions to the club through the years.

Elsewhere, the Allstars and Dynamos youth programmes continue to be well attended with up to 20 local children attending fortnightly sessions on Saturday mornings. These are fun and interactive sessions aimed at 5-11-year-olds, no previous cricket experience is needed. Sessions in August on 12 and 26, 11am-12noon. Please just turn up or contact andyhalliday1@me.com for more information.

An upturn in fortunes for the Sudbourne Hall Cricket Club Saturday league team, three wins in the last six league games, has propelled the side to eighth in the eleven team league. Notable performances with bat and ball from Ashley Artaman

supported by Ed Robson and Oli Nisbet have paved the way for a more comfortable league position.

We'd love to see more of the local community down at the ground, as this goes to press, we are running our first women-only cricket sessions under the guidance of Miranda Cook.

All club details can be found at www.sudbournehallcc.com

August fixtures:

- Saturday 5 August, Tendring (away)
- Saturday 12 August, West Mersea (home)
- Saturday 19 August, Sudbury (away)
- Saturday 26 August, Chappel and Wakes Colne (home)
- Tuesday 29 August, Heton (home) friendly fixture.

Andy Halliday

NEW NATIONAL TRUST LANDING CRAFT

As you may have seen in the press recently, the National Trust at Orford Ness are purchasing a new landing craft to improve access to Orford Ness for those with mobility issues. There have been various comments circulating in the community about how the new craft will be used, where it will be moored and the impact this will have on the quayside.

NOTT and the National Trust have been working together to plan for the new craft and thought it would be useful to provide some clarification. The new landing craft won't be replacing the Trust's existing ferry Octavia. The main visitor route to Orford Ness and staff access will still be via Octavia and there are no plans to use the landing craft for a regular, every 20-minute service. The NT will be planning to operate the accessibility service on an advertised time and day per month (say for example the first Thursday of each month during the open season) and not an on-demand service. Outside of accessibility services the landing craft would be used for taking equipment, rubbish, sheep etc on and off the Ness. In either case the vessel would just land on the slipway load/unload and then depart, there would be no mooring or waiting on the slipway. When not in use the new craft will not sit on the head of the quay or the current NT mooring (which will be retained for Octavia), but on a swing mooring that NOTT has identified at the end of the yacht moorings.

We hope this information helps clarify the situation. The new craft will make a real difference to those with mobility needs in accessing Orford Ness.

Glen Pearce (National Trust) and **Ian Thornton** (NOTT Chairman)

HELP NAME THE NATIONAL TRUST LANDING CRAFT

One thing we need for the new National Trust landing craft is a name. We are keen to get the local community and our members and visitors involved in choosing the name and are inviting suggestions. Once we have a shortlist, we'll arrange a public vote to choose the new name. If you'd like to submit a suggestion, please email orfordness@nationaltrust.org.uk by Sunday 13 August.

Glen Pearce, National Trust

NEWS FROM ORFORD MUSEUM

Exciting new exhibition in Orford Museum and our Autumn History Talks

We are delighted to announce that we have been offered the opportunity to exhibit the Barrow Collection of Celtic ironwork in our some of our cases in Orford Castle. These beautiful objects have been loaned by a local private collector and we are grateful for his generosity. The exhibition will be available to visitors to Orford Castle from August Bank Holiday and will stay there for the following three months and we hope that many Orford residents will want to visit it. There will be a Private View of the exhibition for the Friends of Orford Museum on Wednesday 23 August from 5pm to 6pm though, of course, Friends of Orford Museum have free access to the Castle and the Museum whenever the Castle is open. There will be refreshment at the Private

View and please remember to bring your membership cards. If you would like to join the Friends, please email info@orfordmuseum.org.uk. Dr. Noël Adams, who has written a wonderful book about this collection entitled *The Celtic Spirit*, will give an associated talk at Butley Priory on Thursday 21 September 2023. The talk will start at 6pm and tickets cost £15 for Friends of Orford Museum and £18 for non-members. This includes a complimentary glass of wine which will be available from 5.30pm. The talk will start at 6pm.

For our second talk for Autumn 2023, we are very pleased to welcome back Professor Mark Bailey who gave one of the most popular talks at our History Festival in March on the effects of the Black Death on this area in the fourteenth century. He is returning to Butley Priory on Thursday 5 October 2023 to talk about the evolution of the Suffolk coast and its ports during the period 1200 to 1600. Tickets for this cost £15 for Friends and £18 for non-Friends and include a complimentary glass of wine which will be available from 5.30pm. The talk will start at 6pm.

On Friday 24 November, Chanter's Jigge are coming to Butley Priory to present a programme of carols, tunes and festive readings from across the centuries sung and played with traditional and modern instruments. Tickets cost £16 for Friends and £18 for non-Friends. This includes a glass of mulled wine during the interval.

You can find all this information and details of how to book tickets on our website at www.orfordmuseum.org together with anything else you might want to know about Orford Museum including our history, publications, information about how to join the Friends and advance information about events we are planning for Winter 2023 and Spring 2024.

Elizabeth Spinney, Orford Museum

ORFORD AND DISTRICT GARDENING CLUB

Our next event

Thursday 14 September: Penny Robertson of Suffolk Coastal Beekeeping Association – 'Helping Bees'

It has taken us some time to secure Penny as a very experienced and knowledgeable person to talk to us about bees of all types and how we can help them. She will talk to us about bees in general, not just honey bees, and the kind of things we can do in our gardens and other spaces to provide food and nesting sites for a number of species.

Visit to Ashe Park courtesy of Richard and Julia Keeling on Wednesday 21 June

The Keelings welcomed us with a talk about the story of the estate and garden, which are 400 years old, and how it became the way it is today. Our members had all afternoon to explore the wonderful roses, canal, parterre, Japanese and sunken

gardens and the interesting planting and meadow area. It was a delightful event and we are very appreciative of them allowing us to come. We donated significant funds to Perennial which supports gardeners in a number of ways, as a result.

New members are welcome all the year round so do contact me. Half price now at £7.50. Please do also just come along to a Town Hall Event for a £5 donation if one of them captures your interest *Still to come in 2023...*

- Thursday 5 October: Thursday evening Lou Nicholls of Godinton Gardens in Kent – 'The Winter Garden'. A look at the plants you really want to include to make a garden a marvellous place to be even on the greyest day!
- Saturday 18 November: Saturday afternoon and includes afternoon tea. Xa Tollemache of Helmingham Hall – 'A garden well placed, A designer's harmony between house and garden.'

OPEN EVENT Tickets on sale in the Autumn

- Thursday 7 December: AGM and Social Supper – Always great fun!

Polly Sharkey (Chair), creativefutures98@btinternet.com, 01394 450959

AUTUMN BALL – SATURDAY 28 OCTOBER

As announced in last month's Village Voice, the Orford & Gedgrave Village Events Committee are holding an Autumn Ball on Saturday 28 October at Orford Town Hall. Tickets are £65 each and include a fabulous three-course meal, half a bottle of wine and live music from Jess & the Honeymooners.

The menu has been put together by Michelle at The Mixing Bowl and caters for most dietary requirements (but if you have other requirements, we can try to accommodate these).

Starters: Smoked Duck with Blackberry Compote or Triple Cheese & Tarragon Stuffed Mushroom.

Mains: Local Venison Bangers and Mash or Fish Pie or Spiced Roast Cauliflower with Herb Rice – all served with a selection of seasonal vegetables.

Desserts: Local Apple Crumble with homemade custard or Vanilla Panna Cotta with Spiced Fruits or Suffolk Cheeseboard with Biscuits.

Why not dress to impress and come down and have a great night out.

Tickets are available from The King's Head, Orford, phone: 01394 450271 or email thekingsheadorford@gmail.com. You can book as individuals or book a table of 8 or 10.

Doors open at 19.00 with Dinner at 19.30, dress to impress, enjoy the evening and book your transport home for 23.45.

We really hope you can join us for a good night out.

The Village Events Committee



Orford & Gedgrave

Autumn Ball

Saturday 28th October 2023

£65 per person
Three Course Meal
Half a Bottle of Wine
Live Music from The Honeymooners.

Tickets available in advance from The King's Head, Orford
Phone: 01394 450271 or email: thekingsheadorford@gmail.com



AUGUST UPDATE FROM THE PENINSULA PRACTICE

DAY	ALDERTON	ORFORD	ALDEBURGH
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30
Wednesday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30
Thursday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30
Friday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30

Thursday 10 August from 13.00: staff training. Aldeburgh surgery will be open for booking future appointments. Alderton and Orford surgeries will be closed. All calls will be redirected to 111 for this afternoon.

We offer an increasingly wide range of NHS services to our patients:

Memory checks (if worried about dementia) • Menopause management • Paramedic appointments • Same-day physiotherapy for acute musculoskeletal symptoms • Ultrasound (by referral) • Single skin lesion clinic • Mental health and wellbeing support • Insomnia support - SleepStation (a bespoke programme) • Travel health • Social prescriber – support for non-clinical health and wellbeing needs • Compassionate Companion service – to support end of life choices and care • Full contraception services (eg coils) and sexual health

Also available at our practice are non-NHS services (charged):

Chiropody – foot care appointments & home visits • Ear care – wax removal (see website)

Flu vaccine clinics

One of the ways we will be sending out invites is via text, so if you have one, please ensure that the practice has your up-to-date mobile number.

We have organised the first of our flu vaccine clinics:

- Wednesday 20 September 2023, 8.30am–6pm – Aldeburgh Old Generator Station
- Tuesday 26 September 2023, 8.30am–6pm – Orford Surgery
- Thursday 5 October 2023, 8.30am–6pm – Hollesley Village Hall

Eligible groups

Everyone 65 years and over • those in clinical risk groups • pregnant women • all children aged 2 or 3 years and primary school aged children • residents in care and nursing homes • carers in receipt of carer's allowance, or the main carer of an elderly or disabled person • close contacts of immunocompromised individuals • frontline workers in a social care setting

www.thepeninsulapractice.co.uk or 01394 411641

<https://www.facebook.com/ThePeninsulaPracticeGPSurgery/>

ORFORD ANNUAL QUAY SERVICE



6pm

Sunday 6th August

Preacher: The Bishop of Dunwich

Rev. Mike Harrison

This year supporting

The RNLI

Refreshments at the Methodist Church



01394 450235

We can help with any of the following:

- Friendship and companionship
- Collection of medication
- Shopping
- Dog walking / feeding pets
- Form filling and help with technology
- One-off garden tidy
- Minor household repairs
- A healthy meal
- Transport to hospital and GP appointments
- Provision of a personal care alarm and key safe
- A Community Larder located in the entrance to the King's Head car park
- Weekly trip to Woodbridge (£2 charge)
- Support for anyone who is impacted by a scam
- Monday Coffee & Chat
- Other activities as requested and agreed

Thank you to the following local organisations who support us: The King's Head; Orford & District Surgery CIO; Orford General Stores, Orford Sports & Recreation Club; New Orford Town Trust; Pump Street Bakery; St Bartholomew's Church