



The newsletter for the community of Orford and Gedgrave

Issue No. 373 April 2023

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The Council therefore holds no responsibility for its content except that submitted by and on behalf of the Council or Trust.

All copy must be received by midday on Thursday 20 April 2023, preferably by email to:

orfordtrust@btconnect.com or put through the Town Hall letterbox

Priority for inclusion is given to articles that are about or directly affect the community of Orford and Gedgrave and inclusion is subject to editing and availability of space. Contributors should be aware that this newsletter is published on the website of Orford and Gedgrave Parish Council and the New Orford Town Trust (www.orfordparishandtrust.onesuffolk.net)

COPY DEADLINE FOR THE MAY ISSUE OF VILLAGE VOICE IS MIDDAY ON THURSDAY 20 APRIL

FROM ORFORD AND GEDGRAVE PARISH COUNCIL PARISH COUNCIL ELECTIONS

The local Parish Council elections are to take place on Thursday 4 May 2023. Do you think you could make a difference to the community, then why not become a Councillor? If you live or work in the Council area you can apply to become a Councillor. Local councils make a massive difference to local people's quality of life. They are passionate about their communities and aim to make a change to help improve their residents' lives. We need people from all backgrounds and experiences who reflect the communities they serve to put themselves forward for election. A Councillor's role can be varied, it may include developing strategies and plans for the area, working with other community groups, or making decisions about the future of the village. Parish Councils can only be as efficient as the people elected to run them.

A useful website is www.eastsuffolk.gov.uk/assets/Your-Council/Town-and-Parish-Councils/Be-a-town-or-parish-councillor.pdf.

KING'S CORONATION – STREET PARTY

Orford and Gedgrave Parish Council and the Village Events Committee are holding a street party on Sunday 7 May to celebrate the King's Coronation. There will be pony and trap rides, a balloon twister, face painting, music, BBQ, and light refreshments.

The afternoon will start at 2pm, and during this time the Market Square will be closed to all vehicles, with access for emergency vehicles only. Any offers of help or donations of cakes would be greatly received. Please contact either the Town Hall office on 01394 459172 or Anne Macro on 01394 450741. Look out for the posters...

Marie Backhouse, Clerk to Orford and Gedgrave Parish Council, orfordtownhall@btconnect.com, 01394 459172

CORONATION CELEBRATION PAINTINGS

On Sunday 7 May Orford will hold a Coronation Celebration in the Market Square. Amongst other stalls of goodies, bangers, hamburgers, ice creams and more, will be one especially for children who are presently studying in our wonderful school. Any child registering at the stall will be able to paint a picture of their choice.

Paint, brushes and 'canvases' will be provided for each mini-Michelangelo and a small prize awarded for the best three artworks. In the days before the summer break, all paintings will be displayed along the wire fences in front of the old garage.

Any contributions towards funding the event would be gratefully accepted.

Jeremy Rugge-Price

Dates for your diary

- Each Monday: badminton - Orford Town Hall - 10am-12noon
- Each Monday (except bank holidays): Coffee and Chat - Orford Sports and Recreation Club, 10.30am-12.30pm
- Each Wednesday: chair pilates - Orford Sports and Recreation Club, 11am-12noon
- Each Monday and Wednesday: Methodist Chapel tea room, coffee, lunch, afternoon tea, 11am-4pm
- Each Wednesday: badminton - Orford Town Hall, 7pm
- Each Friday: Friday soup lunch - Bart's Hall, 12.30-2pm
- Each Saturday: Orford Country Market - Orford Town Hall, 9.30am-1pm
- Saturday 1 April: April Balls Day - Orford Recreation Ground, from 10am
- Saturday 1 April: Gardening Club talk - Orford Town Hall, 3pm
- Friday 7 April: Quatuor Agate concert - St Bartholomew's Church, 12noon
- Saturday 8 April: Easter Egg Hunt - Orford Recreation Ground, 10am-12noon
- Wednesday 12 April: family fun morning and lunch - Orford Recreation Ground, 11am-2pm
- Sunday 15 April: Aldeburgh Voices concert - St Bartholomew's Church, 3pm

ORFORD QUAY – NEW WEBSITE

We have put together a new website specifically for Orford Quay, and this can be found at www.orfordquayuk.onesuffolk.net It has information for visitors and quay and river users, as well as links to the local tide times and weather forecast. If you need more information about the river, or have a query about moorings etc, you can email the Quay Warden, Matthew Smy, on orfordquayuk@gmail.com

Kara Reed, Clerk to New Orford Town Trust, orfordtrust@btconnect.com

ORFORD SPORTS & RECREATION CLUB

Have you ever thought about not only being a member of the club, for a membership of £10 for the year, but joining the committee as well? The club is really keen to bring on new committee members who would also show a keen interest in running the bar, when available. At the moment, the club bar team are a small group, and are finding it increasingly difficult to honour all club bookings that have requested the bar facility. If you're interested, please don't hesitate to come and have a chat with the bar team on a Friday evening, or contact me, as club secretary.

As well as club night on Friday evenings, keep an eye on our board for Bingo nights, and don't forget the first bike meet night on Thursday 13 April from 6pm.

Mark Smy, Secretary, 450358

APRIL AT ST BARTHOLOMEW'S CHURCH

All are welcome to join us at St Bartholomew's, Orford for services in April
April, Holy Week and Easter Services

- Sunday 2 April, Palm Sunday 9.30am Liturgy of the Palms on Orford Village Green. Process to Church for Liturgy of the Passion with Holy Communion. Choir and guest organist.
- Friday 7 April, Good Friday 10am Walk of Witness from Orford to Sudbourne Church.
2-3pm RSCM 'The Cross of Christ', a devotion for congregation and choir, Rev Giles, Adrian Nicholson, Sudbourne Church
- Sunday 9 April, Easter Sunday 10am Family service with Easter Egg Hunt, Guy Marshall.
9.30am Holy Communion, Rev Giles, Sudbourne Church
- Sunday 16 April 9.30 Holy Communion, Orford Church, Rev Dr Stephen
- Sunday 23 April 9.30 Holy Communion at Sudbourne with Iken and Orford Rev Robin

Looking forward to May

Sunday 7 May, Coronation Weekend 9.30am All age communion and baptism, Rev Giles

6pm Choral Evensong to celebrate the Coronation of King Charles III

Wednesdays at 5pm: Evening Prayer (BCP)

A CHURCH NEAR YOU WEBSITE www.achurchnearyou.com provides details of all church services and events in the local area. For further information contact the Team Rector: Rev Giles Tulk 01394 450610 revgileswtr@gmail.com

Books in Church

Thank you for your donations of books – those who use our bookshop will know that we have quite a selection. At the moment we are quite full, so please no very large donations. Also books only – not jigsaws or bric-a-brac as we don't have room.

Events in Church -Dates for your diary

- Friday 7 April, Good Friday 12-1pm, Quatuor Agate playing Boccherini and Schubert (change from original programme). Tickets £10, under 30s half price. Book through Britten Pears Arts website.
- Saturday 15 April, 3pm Aldeburgh Voices: Byrd and reflections. Tickets £15 and £10. Book through Britten Pears Arts website.
- Sunday 14 May, 4pm, concert with the Prometheus Orchestra.
- Sunday 28 May Open Gardens with tea and cake in Church
- Friday 2 June, 8pm Catherine Ennis Memorial Concert with Olivier Latry, organist at Notre Dame Paris. Book through Britten Pears Arts website.

Rev Giles Tulk

APRIL AT ORFORD METHODIST CHURCH

Sunday 2 April, PALM SUNDAY – distribution of palms
10.30am Stephen Caley

Friday 7 April, GOOD FRIDAY
11am SERVICE OF REFLECTION followed by Lunch
The creation of the EASTER GARDEN will take place afterwards

Sunday 9 April, EASTER DAY RESURRECTION PRAISE
10.30am Stephen Caley
EASTER EGG HUNT – EASTER EGGS FOR ALL

Sunday 16 April 10.30am Pam Caley
Sunday 23 April 10.30am Rev Saul – HOLY COMMUNION
Sunday 30 April 10.30am Stephen Caley
Sunday 7 May, CORONATION SUNDAY

10.30am Memorable Service followed by the BIG CELEBRATION LUNCH & ROYAL PAGENT. Early booking recommended as places are limited!

Every Sunday children stay in church throughout the service – refreshments are served. You will be very welcome to join with us.

The Easter garden will be open on Monday 10 and Wednesday 12 April as will the Chapel Tea Room from 11am-4pm (summer opening hours) with the Tea Room open every Monday and Wednesday. Call in and enjoy coffee and cake, lunch or afternoon tea. Huge collection of cards, art and craft available.

Early in March we held a very enjoyable children's happy birthday lunch (after the morning service) and fun for 3x birthdays! Now the children are exploring JMA (Junior Missions Association) as part of the Sunday morning services. A refreshing reminder for some of us older folk!

Café morning service for Mothering Sunday was enjoyed by all present – great teaching, music/singing, company and food. All the ladies received a small pot plant as a token of appreciation and love.

There is, currently, much preparation for the Coronation Sunday Service and Celebration lunch on 7 May.

Stephen Caley

EASTER HOLIDAY FAMILY FUN AND LUNCH AT THE RECREATION GROUND

With Sudbourne Cricket Club

Wednesday 12 April, 11pm-2pm

Sudbourne Church and Sudbourne Cricket Club have joined forces to run a Family Fun morning plus lunch in the Easter holidays. The coaching team from Sudbourne Cricket Club are supervising some fun cricket-themed games for 5-11-year-olds – and for the under 5s there are outdoor activities. Arrive for registration from 10.30am to 10.45am and activities start at 11am. At about 12.45pm there's a sit-down hot lunch for everyone. The day is free, but we need to know numbers in advance to plan lunch. To book a place please complete and return the form in the Family Fun and Lunch information leaflets. These will be available in the Village Store.

Please note: each child will need to come with a responsible adult who needs to stay for the event. Parents or carers who cannot attend in person can arrange for their children to come with another family.

For further information or if you would like to volunteer to help, either with cooking or with activities, please contact Caroline Gill: email carolinedechairgill@gmail.com / tel 07799 655825

Thanks to the Sports and Recreation Club who are offering their facilities free of charge and to Anne Macro who is cooking the spuds.

Caroline Gill

ORFORD EASTER EGG HUNT

This will take place at Orford Recreation Ground on Saturday 8 April from 10am-12noon, with a prompt start 10.30am. £3 entry (£2 for Orford school pupils). Refreshments, teddy tombola and chocolate tombola! All proceeds to Orford School.

Max, Orford School League of Friends (OSLOF)

BART'S HALL WARM ROOM BECOMES FRIDAY SOUP!

The Bart's Hall warm room will be open in April and May for soup lunches on Fridays from 12.30 to 2pm. All are welcome to join us for a simple lunch and some good company.

For further information contact Caroline Gill 07799 655825.

Caroline Gill

ORFORD SAILING CLUB TASTER SAILING SESSIONS

Orford Sailing Club will be offering taster sailing sessions which are open to everyone.

No experience is required. However, children should be at least 8 years old and everyone must be able to swim and confident in water. These sessions are aimed at local families to create an opportunity to experience sailing on the river and meet others who like sailing. There is no further commitment. We charge £5 per session.

Dates: Wednesday 31 May, Wednesday 7, 14, 21, 28 June and Wednesday 5 July all at 5pm. Also Sunday 18 and 25 June at 10.30am. Should you be interested please contact Sheena Barrow Sheenamargaretbarrow@gmail.com / 07867 978770

Sheena Barrow

ORFORD CEVA PRIMARY SCHOOL SHINES AT CELEBRATION 23 – THE SUFFOLK SCHOOL CONCERTS

Celebration 23 is a series of concerts throughout the week put on at Snape Maltings Concert Hall. It features several Suffolk schools each night, and on the Wednesday night, along with 6 other schools, it was Orford's turn. Apart from the Grand Finale with about 200 pupils on stage, Orford had the final spot and they delighted the enthusiastic audience. This was a report from one of the governors:

"Wow, - I just got back from the Schools Music Concert at the Maltings. What an event and what a treat! Orford Primary did us proud: 20 pupils singing songs from 'Matilda the Musical' fully choreographed and without a conductor or leader. Amazing what 'we', the school, can achieve. Congratulations to all staff and pupils involved."

The children and staff rehearsed outside normal school time so a large thank you to all of them.

Jill Broome

FRIENDS OF ST BARTHOLOMEW'S CHURCH QUIZ NIGHT

Our Second Friends Quiz night on 4 February proved a popular diversion for a chilly winter night. Over ninety quizzers enjoyed a hot supper – appropriately venison chilli - and some exercise for their little grey cells from quiz masters Rev Giles and Guy. Winners were the Cricket Club, who managed a 100% score on anagrams of the England Women's

football team. Runners-up were last year's winners, the Intolerables. Thanks to all who bought raffle tickets and supported the event, which raised over £2000.

The Friends Charity was set up in 2021 to raise funds to support St Bartholomew's Church, helping to maintain the church fabric and make improvements to enable the church to be used as a cultural and community asset as well as a place of worship. Residents and visitors alike view Orford Church as an integral part of the townscape. Please consider becoming a Friend - you will be helping our church to survive and thrive for the benefit of current and future generations. For further information on joining us, email stbartholomewsfriends@gmail.com

Friends of St Bartholomew's

ORFORD OPEN GARDENS 2023

Open Gardens will be going ahead this year on Sunday 28 May. Please save the date so that you can visit beautiful gardens in Orford and enjoy home-made cakes and refreshments in St Bartholomew's Church. If you are interested in opening your garden for the first time, please phone the number below. Open Gardens is in aid of St Bartholomew's Church and the Friends of St Bartholomew's Church, Orford charity, which raises funds to help maintain the fabric of the church and make improvements to enhance its use as an asset for the whole community. If you have any questions about Open Gardens or becoming a Friend of St Bartholomew's, please call Libby Archer.

Libby Archer, 07713 413494

SAVE OUR MULTI-COURT

This is to update our appeal for £26,000 to renovate the Multi-Court in Orford. I am delighted to report that we have now raised over £20,000 thanks to generous donations from many Orford residents and tennis players, and also our local Councillor Ray Herring, who has given us a donation from his Enablement Funds, and Orford Flower Show proceeds from their grant to local good causes. We still need the balance and I would be grateful to receive any contributions large or small. Please contact me on 07513 520827, dianampaterson@btinternet.com or annemacro@btinternet.com tel: 01394 450741. Or you can make a transfer directly to Orford Recreation Ground Charity, sort code 20-98-07, account number 50678368.

I hope that everyone will come to the Orford Recreation Ground on Saturday 1 April between 8am and 6pm for the April Balls Day celebration when the tennis balls will be kept going for all to take part and between 6-9 pm for the Raffle Draw, winners of the silent auction and drinks in the Sports and Recreation Club pavilion.

This is our last push towards the total needed and so we hope this will be a wonderful occasion for all ages.

Diana Grayburn

ORFORD AND DISTRICT GARDENING CLUB

Sensory Gardens

Neill Ludmon returned on 2 March to talk to us on sensory gardens, and his lovely clear photography and plant list ensured that we were all encouraged to think more about the colours, perfumes, textures, form and the edibles we introduce to our gardens.

A note for your diary: Middleton Village is opening its gardens, Neill's included, on the weekend of 3-4 June.

Saturday afternoon, 1 April: **Eddie Bailey** 'Composting and the Soil Food Web – breaking it down!'

We are very much looking forward to welcoming Eddie Bailey to Orford. Eddie runs day-long workshops at his home in Wootton Bassett and has taken his demonstrations to RHS Tatton. In the space of two hours, he is going to explain to us how we can get much more out of our plots by paying attention to the soil we plant in. He will explain how to make the best compost at home and do some soil analysis from our gardens here. We'll also be having tea and cake afterwards!

Coming soon... but for members only... still time to join!

- Wednesday 19 April afternoon car sharing trip to Benton End. This was Cedric Morris and Arthur Lett-Haines' home and the East Anglian School of Painting and Drawing. Cedric bred his famous bearded irises here. We had 40 places for this trip but are now over-subscribed so are sorry we can't invite you this time.

- Wednesday 17 May, afternoon car sharing trip to 'Ramblers', Benhall Low Street, courtesy of Mr and Mrs Brian Humphries. This is a delightful garden and arboretum of rhododendrons and azaleas and is not usually open to the public. Mike and I were delighted to have found such an unusual garden last year and amazed that the ericaceous soil there is a result of glacial deposition, being at the end of the glacial movement southward.

- Thursday 8 June, Open Garden and Tea at The Old Rectory, Orford courtesy of Tim Fargher
- Wednesday 21 June, afternoon car sharing trip to Ashe Park, Campsea Ashe courtesy of Richard Keeling.

Polly Sharkey (Chair), creativefutures98@btinternet.com 01394 450959

SAVE OUR SUFFOLK SWIFTS

Swifts are one of the most recognisable and iconic birds of summer, returning to the UK to breed in early May each year. But Swifts are disappearing from our skies – in the last 20 years the UK population has halved with a lack of nest sites considered to be one of the principal causes. However, you can help – swifts readily take to nest boxes and for information and advice on putting up a swift nest box or preserving the entrance to their natural homes under the roof tiles, please contact your local Volunteer Swift Advisor – Mark Linsley on marklinsley60@gmail.com (for and on behalf of Save Our Suffolk Swifts, a joint Suffolk Wildlife Trust and Suffolk Bird Group project).

Mark Linsley

APRIL UPDATE FROM THE PENINSULA PRACTICE

DAY	ALDERTON	ORFORD	ALDEBURGH
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30
Wednesday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30
Thursday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30
Friday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30

STAFF TRAINING DATES

Alderton and Orford surgeries will be closed for staff training on Thursday 20 April from 13.00. Aldeburgh surgery will be open for booking future appointments only. All calls will continue to be redirected to 111 for this afternoon. This means that there will be no clinical staff available during this afternoon at any site. When the surgery is closed please call NHS 111.

East Anglian Air Ambulance

We are very proud to continue to be supporting East Anglian Air Ambulance with collection points for clothes and shoes. You will find the bright yellow collection bins in Alderton and Aldeburgh car parks where you can drop off bagged clothes and shoes. The money raised from these donations goes straight to helping the Air Ambulance serve our local area.

Menopause webinar – Tuesday 9 May 2023

On Tuesday 9 May 2023 at 7pm, Dr Crockett will be holding a Menopause information webinar. Involving a presentation followed by open questions, it is open to everybody; male or female, patient of Peninsula practice or not, pre-, during- or post-menopause. You can join anonymously – no camera or mic is required, and you can add any questions or comments in the chat which will be answered by Dr Crockett during the session. We have a webpage on the menopause on our website, which is updated regularly: <https://www.thepeninsulapractice.co.uk/menopause>
To join on the date, please enter the following information into Zoom: Meeting ID: 835 4271 0325. Passcode: 734785

www.thepeninsulapractice.co.uk or 01394 411641
<https://www.facebook.com/ThePeninsulaPracticeGPSurgery/>



POWER TO THE PEOPLE

YOUR Village Needs You!

NOBODY cares more about your community than you and your parish council do!

Your neighbours, roads, services, airspace, countryside and homes matter to you.

Represent Your Community
Shape Your Community's Future.

Become a Councillor

The Parish Council are looking for Councillors, this is your opportunity to help shape your community's future and lend your voice and life experiences to help make decisions for your community in these challenging times.

No matter what your background or employment status everyone has valuable views that count and would add to the community's voice.

I want to stand to become a Councillor.

Are you a UK, or commonwealth citizen or Citizen of the Republic of Ireland or Citizen of a member state of the EU?

Are you 18 years or over and not disqualified from taking office?

Can you meet at least one the following conditions?

You are an elector of the parish

You have during the whole of the last 12 months either occupied as owner or tenant a home, land, or other premises in the parish.

Your principal or only place of work is in the parish, or you live within 3 miles of the parish boundary.

If you can meet the conditions above, you qualify to stand for your local council

Will I be paid?

Councillors cannot be paid but they may claim reasonable expenses.

How much work will it be?

Being a councillor can be very rewarding whether you take a very active role or not. The more time and energy you put in the greater the rewards. Every council is unique. Orford and Gedgrave Parish Council has 12 Councillors in total, and we meet once a month (usually the second Wednesday of the month, excluding August and December), that is 10 meetings per year plus the Annual Parish Meeting. The Parish Council is also trustee of the New Orford Town Trust, which has a separate meeting once a month (usually the third Wednesday, excluding August and December) plus regular sub-committee meetings.

What do I do next?

The deadline for applications to be received at East Suffolk Council is **4pm on Tuesday 4 April**. Forms can be downloaded from the East Suffolk Council website here: www.eastsuffolk.gov.uk/elections/election-notices-and-results/east-suffolk-council-parish-elections-thursday-4-may



The Orford, Gedgrave & Sudbourne Flower Show & Fete 2023

The Great Potato Growing Challenge

£20 first prize and the GOLDEN SPUD trophy

Second prize £10, third prize £5

This is a cottage class category

Free entry to all residents (all ages) of Orford, Gedgrave and Sudbourne

Collect your free seed potato from Orford Country Saturday Market during April

Limited availability, when they're gone, they're gone!



One entry per family.

One seed potato per bucket/bag is allowed.

The maximum bucket/bag/container size you must use to grow your potato in is 15 litres.

You must only plant the seed potato you have been given.

Any growing medium and any means of cultivating your potatoes is allowed.

Any questions please email orfordflowershow@gmail.com

ORFORD, GEDGRAVE
& SUDBOURNE HALL
**GOOD
NEIGHBOUR
SCHEME**
01394 450235

We can help with any of the following:

- Friendship and companionship
- Collection of medication
- Shopping
- Dog walking / feeding pets
- Form filling and help with technology
- One-off garden tidy
- Minor household repairs
- A healthy meal
- Transport to hospital and GP appointments
- Provision of a personal care alarm and key safe
- A Community Larder located in the entrance to the Kings Head car park
- Weekly trip to Woodbridge (£2 charge)
- Support for anyone who is impacted by a scam
- Monday Coffee & Chat and Friday Soup
- Other activities as requested and agreed

Thank you to the following local organisations who support us: The King's Head; Orford & District Surgery CIO; Orford General Stores, Orford Sports & Recreation Club; New Orford Town Trust; Pump Street Bakery; Saint Bartholomew Church